

# Monitoring Checks of Mechanically Restrained Patients - Rehabilitation and Acquired Brain Injury - Adult Patients

Allowable Maximum Time Between Monitoring Checks of Restrained Patients			
		Restraint Risk	
		High	Low
<ul style="list-style-type: none"> <li>Regardless of patient / restraint risk, upon application of restraint patient will be monitored at a minimum of every 15 minutes for the first 60 minutes</li> <li>At least every two hours during waking hours, and more often if necessary, staff will ambulate the patient, provide range of motion exercises, or reposition the patient as well as release the restraint if appropriate.</li> </ul>		<ul style="list-style-type: none"> <li>Any restraint that crosses the patient's waist. - A roll Posey.</li> <li>A roll bed restraint (i.e., Segufix)</li> <li>A table top or chair tray that the patient cannot independently remove.</li> <li>Any commode restraint</li> </ul>	<ul style="list-style-type: none"> <li>Any restraint that is routed across the patient's hips including under or rear fastening seat belts.</li> </ul>
Patient Risk	High	Constant to 15 min	30 min
	<ul style="list-style-type: none"> <li>Patient indicates (verbally or through body language) that he/she is frustrated with or displeased with the use of a restraint.</li> <li>Patient demonstrates impaired judgment and impulsivity regarding his/her own physical abilities, especially when related to independent mobilization.</li> <li>Recent admission.</li> </ul>		
	Low	30 min	30 min
	<ul style="list-style-type: none"> <li>Patient indicates no frustration, displeasure or resistance to the use of a restraint.</li> </ul>		