

SECTION Restricted Use	PAGE Page 1 of 1
SUBJECT/TITLE COMBINATION THERAPY OF ANGIOTENSIN RECEPTOR BLOCKERS (ARBs) WITH ACE-INHIBITORS (ACE-Is)	ORIGINAL DATE 1998-Jul-30
	REVISION DATES 2015-Apr-20 2019-Aug-26 2020-Mar-31

PROTOCOLS

ARBs USED IN COMBINATION THERAPY WITH AN ACE-I

1. Congestive Heart Failure

For hypertensive heart failure when blood pressure is not sufficiently controlled, a Formulary ARB may be used with a Formulary ACE-I and other antihypertensive drug treatments when recommended by a cardiologist.

- Ongoing and careful monitoring is recommended due to potential adverse effects such as hypotension, hyperkalemia and worsening renal function. (1)(2)

2. Chronic Kidney Disease

For chronic kidney disease, a Formulary ARB may be used with a Formulary ACE-I when recommended by a nephrologist.

- Ongoing and careful monitoring is recommended due to potential adverse effects such as hypotension, hyperkalemia and worsening renal function. (3)(4)

1. *The 2014 Canadian Hypertension Education Program Recommendations for Blood Pressure Measurement, Diagnosis, Assessment of Risk, Prevention and Treatment of Hypertension.* Dasgupta K, et al. Canadian Journal of Cardiology, 2014, Vol. 30(5), pp. 485-501.

2. *2013 ACCF/AHA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology Foundation/American heart Ass. Task Force on Practice Guidelines.* Yancy CW, Jessup M, Bozkurt B, et al. J of the American College of Cardiology, 2013, Vol.62(16), pp. e147-e239.

3. *KDIGO 2012 Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease. Kidney Disease: Improving Global Outcomes (KDIGO) CKD Work Group.* Kidney Inter., Suppl. 2013, Vol. 3, pp. 1-150.

4. *Canadian Society of Nephrology Commentary on the KDIGO Clinical Practice Guidelines for CKD Evaluation and Management.* National Kidney Foundation, Inc. Am J Kidney Disease, 2015, Vol. 65(2), pp. 177-205.