

Primary Care – Chronic Disease Management Overview

Health Care Professional Education – Calgary Zone

Course Description 2020

The Primary Care – Chronic Disease Management Overview for Health Care Professionals is designed for clinicians who are new to their role and/or needing a refresher of CDM education.

We welcome you to register for any sessions. There is no cost for registration.

Basic Diabetes

Location: RRDTTC

8:00 a.m. – 4:00 p.m.

February 3, June 10, & October 14, 2020

The basic workshop provides large and small group practice sessions and scenarios for all aspects of diabetes appointments from setting agendas to advising and assisting clients on management options. The focus is on patient's safety, individualizing targets and care, and on preparing you for real-life scenarios.

Intermediate Diabetes

Location: RRDTTC

8:00 a.m. – 4:00 p.m.

February 7, June 17, & October 21, 2020

The intermediate workshop includes large and small group practice intensifying diabetes management through further adjustment of diabetes agents, together with diet, and the teaching of insulin starts.

Advanced Diabetes

Location: RRDTTC

8:00 a.m. – 4:00 p.m.

February 10, June 24, & October 28, 2020

Participation in the Basic and Intermediate workshops is encouraged prior to attendance. The full day Advanced Diabetes Workshop focuses on developing and adjusting basal bolus insulin therapies in type 1 and type 2 diabetes. Case studies include scenarios to create and adjust ICRs (insulin to carbohydrate ratios), ISFs (insulin sensitivity factors), insulin pump basal rates as well as basal/bolus sliding scales. There is significant case work to analyze glucose records. Participants have commented on their appreciation of the Endocrinology and Metabolism Program's Desktop Guidelines for Insulin Adjustment. This step-based tool is used in numerous case scenarios to quickly analyze glucose records and adjust insulin, even with erratic blood glucose readings.

Participants are advised to bring a calculator, pen and paper.

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Person Centred Practice using HealthChange® Methodology

Multiple Dates

Full Day

9:00 a.m. – 3:00 p.m.

The **HealthChange® Methodology** can be applied to any setting where clients or patients are required to take some action to achieve better health or quality of life outcomes:

- Supporting client engagement and decision-making
- Increasing client adherence to evidence-based lifestyle & treatment advice
- Integration of patient-centered communication & behavior change support into clinical practice in an effective and time-efficient way

NOTE: This course requires special registration procedures.

- AHS learners: please register for HealthChange® Methodology on MyLearningLink (on Insite).
- Non-AHS learners: please register by emailing phc@ahs.ca or call 1-855-943-2366

ONLINE Diabetes Learning Module for Healthcare Professionals

This online module supports the content in the Basic, Intermediate and Advanced Diabetes workshops for healthcare professionals.

NOTE: This course requires special registration procedures.

- Please email bev.madrack@ahs.ca, dave.dyjur@ahs.ca and sherri.deroo@ahs.ca to request a username and password and to receive access instructions