

# Staff Script

My Next Steps: Getting ready to leave the hospital

Not sure how to introduce My Next Steps? Try something like this!



"I have a resource to share with you to help you prepare to leave the hospital. I'd like to take a few minutes to explain what this guide is – is now a good time? If not, when can we walk through this together?"



<https://qrco.de/bf8yru>

Encourage the patient and family member/caregiver to review the **My Next Steps** guide on their own.

"You can go through this guide before you discuss your discharge with your health care team."

"This guide will help you think about your needs and questions you might want to ask before you leave the hospital."

"If you have questions or know of any barriers to being discharged, please let us know."

"This is your document. Feel free to write any questions or notes in the space on the last page." [Ensure the patient has a pen]

