



# HealthChange Alberta: Partnership in Practice

HealthChange Alberta is an established program that guides provider/staff application of person-centered care and behaviour change practices in everyday work. HealthChange embraces and enhances current skillsets.

## The Value

### What it offers

HealthChange translates the literature...



...into a practical way of working

### The impact



Practice Consistency



Common Language



Person Centred Culture

## It's For Everyone!

### Who is using it

Clinical and non-clinical team members in any care setting



**~11,000**

Albertans Trained



- + Primary Care Networks
- + Chronic Disease Management
- + Nutrition Services
- + Community Rehabilitation
- + University of Alberta

### How they are using it

Communication & relationship building with partners **26%**

Support change conversations with staff **23%**

Guide program and/or resource development **37%**

Support interactions with patients/clients **79%**

[Percent of Respondents]

## Real Experiences

**96%**

of providers agree HealthChange enhances their understanding of person-centred care

*"I have a better understanding of what it means to be person-centred and feel like the work I do is more meaningful while also being less overwhelming."*

-Clinical provider

**96%**

of providers agree they understand how HealthChange can be applied with the clients they work with

*"Having easier conversations with staff and partners while knowing that I'm meeting them where they're at is satisfying."*

-Non-clinical staff

## Build HealthChange Skills at No Cost



- + Flexible learning options: e-Modules and interactive workshop
- + Variety of resources to support application of the skills
- + Tailored learning and implementation support for teams

**"If all providers used HealthChange, I'd feel more informed, involved and heard."**

-Patient Advisor

To learn more, visit our [website](#) or email [PCA@primarycarealberta.ca](mailto:PCA@primarycarealberta.ca)



**Primary Care Alberta**