

Workshop Description

Applying Person-Centred Practice Using HealthChange®

Methodology

Workshop Details

Alberta Health Services offers this free workshop for any staff within AHS or partner organizations. This workshop is offered by trained staff across the province who have experience in a variety of clinical roles, and who use the methodology in their daily work.

The workshop is offered in two Parts (3.5 hours each), one week apart, over Zoom. Because of the interactive nature of this workshop, participants are required to appear on camera on Zoom. A headset is also needed if you will be attending from a shared space.

Workshop Objectives

Participants will:

1. Understand how HealthChange® Methodology defines and guides person-centered practice
2. Learn how to apply the methodology through video and interactive activity
3. Practice specific skills and techniques within the methodology
4. Self-assess your person-centered practice skills and consider what you might do next

Target Audience

This workshop is relevant for all Alberta healthcare providers, and non-clinical team members, whose roles involve direct patient contact (in-person or virtual). Team leaders (e.g. managers, team leads, practice leads) may also benefit from attending this workshop.

Note: Management of workshop delivery decisions is overseen within each zone. Therefore, specific target audiences within the description above may differ from zone to zone.

Learn More

Visit the Primary Health Care Resource Centre for more information about HealthChange® Methodology.

<https://www.albertahealthservices.ca/info/Page16720.aspx>

Visit the Workshop Schedule page for registration information.

<https://www.albertahealthservices.ca/assets/info/hp/phc/if-hp-phc-rc-hcm-workshop-schedule.pdf>