



This Issue: Reporting Physician Professionalism Concerns; Join the Physicians' Healing Group this May; Career Opportunities; News from the AHS Update and more.

We would like to recognize that our work takes place on historical and contemporary Indigenous lands, including the territories of Treaty 6, Treaty 7 & Treaty 8 and the homeland of the Métis Nation of Alberta and eight Metis Settlements. We also acknowledge the many Indigenous communities that have been forged in urban centres across Alberta.

Note: Recognizing some medical staff use an alternate email address instead of an AHS email address, some information is duplicated from the AHS Update to ensure all AHS medical staff have all up-to-date organizational information that may impact their practice.

Topics:

Medical Affairs News

- Reporting Physician Professionalism Concerns
- Join the Physicians' Healing Group this May
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 - Strategic Clinical Network™
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From the AHS Update

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Medical Affairs News

Reporting Physician Professionalism Concerns

If a physician has a professionalism concern about a colleague, they should discuss this with their medical leader. There is a Safe Disclosure Line physicians can reach out to for support at 1-800-661-9675 or by emailing complianceofficer@ahs.ca.

[Reporting & Learning System](#) (RLS) is intended for reporting incidents related to patient safety and should not be used for concerns related to professionalism of another physician.

Join the Physicians' Healing Group this May

Starting in early May, we are offering a facilitated peer-support group for AHS physicians who self-identify as having experienced trauma or diversity struggles within their workplace settings. This discussion group will be a facilitated space to share experiences and receive support.

The discussions are not equivalent to therapy, but you may find them to be therapeutic. Previous attendees commented that:

- "It was helpful to hear that others are facing the same challenges."
- "I felt very safe asking questions without fear of being judged."
- "These discussions are great investments into my mental, emotional, spiritual and physical well-being."

The virtual group will be hosted bi-weekly from 7:00 to 8:30 p.m. in May and June. Discussions will be led by trauma-informed physician co-facilitators, Dr. Florence Obianyor and Dr. Ghazal Radwi. Participants and facilitators are jointly responsible for creating a safe space. Register early as spaces are limited. Please contact rosalie.krause@ahs.ca to register.

Support for Physicians

The [Physician & Family Support Program](#) (PFSP) continues to offer CONFIDENTIAL services on an individual basis that you can access by calling the 24-hour assistance line at 1-877-767-4637.

AHS also has resources aimed at offering support to physicians. These are available online:

- [Webinar](#)
- [Resource Guide](#)

Partnership with Before Operational Stress

We have partnered with [Before Operational Stress](#) (BOS), which is a program that provides mental health training and skills to frontline workers and first responders dealing with operational stress and burnout. The program was developed by some of Canada's leading psychologists and mental health experts right here in Alberta.

We recognize that each of you has different needs when it comes to taking care of your mental health. As such, we are happy to offer BOS for a limited time.

The BOS program will provide you the tools to manage your workplace stress and ensure you are equipped to handle various situations you may deal with daily. The BOS program is offered online, divided into 8 modules, for you to take at your own pace.

From now until **June 30**, BOS is **free** for all employees and medical staff. Access this **limited time offer** by redeeming the code AHS2023 [here](#). The program is voluntary and confidential, we will not know if you take part in the program or not but encourage all employees and medical staff to register.

If you have any questions, please reach out to bosadmin@wayfound.ca.

Career Opportunities

Practice opportunities across a broad range of specialties are available. All vacant AHS physician practice opportunities are posted on our physician recruitment website, [Doctor Jobs Alberta](#).

Highlighting Low FTE and Remote Opportunities

- [Zone Clinical Section Chief \(ZCSC\) Pediatric Endocrinology](#)
 - Location: Edmonton Zone
 - FTE: 1.0
- [Cardiology Visiting Specialist](#)
 - Location: Whitecourt
 - FTE: 0.01 (1-2 day visits 4 times a year)
- [Medical Leader - Section Chief, Surgical Hospitalist Medicine](#)
 - Location: Edmonton Zone
 - FTE: 0.2

Strategic Clinical Network™

- [Senior Medical Director, Maternal, Newborn, Child & Youth Strategic Clinical Network™](#)
 - Location: Provincial
 - FTE: 0.5
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Additional Resources for Physicians:

- [AHS Virtual Health](#)
- [CPSA's Physician Portal](#)

- [Cumming School of Medicine Continuing Medical Education \(CME\) Resources](#)
- [How to Access AHS Insite and Email](#)
- [IPC Emerging Issues](#)
- [MD News Digest](#)
- [Physician & Family Support Program](#) - 1-877-SOS-4MDS (767-4637)
- [Physician Wellness Educational Resources: Well Doc Alberta](#)
- [Support Services: Well Doc Alberta](#)

From the AHS Update

You can read the [full version online](#).

Action on Our Priorities

We are working to urgently address four key priorities. They are:

- Improving EMS response times.
- Decreasing emergency department wait times.
- Reducing wait times for surgeries.
- Improving patient flow throughout the healthcare continuum.

Much of this work is underway. We will continue to use this update to highlight actions being taken to address our priorities.

Reducing wait times for surgeries

[Surgical wait-list update](#)

Improving patient flow throughout the healthcare continuum

[EMS Shared Response Line reaches major milestone](#)

Your Wellness

Find relationship support

Whether it's learning how to balance day to day responsibilities or working on communication skills, [Relationship Solutions](#) can help. [\(more...\)](#)

Mental Wellness Moment — how volunteering affects mental well-being



Dr. Nicholas Mitchell talks about how volunteering can have a positive effect on one's mental health. [National Volunteer Week](#) runs April 16-22. [\(more...\)](#)

Watch Video 

Listen as a Podcast 

Latest News

COVID-19 status and cases in Alberta

Latest hospitalizations, ICU update and information on variants of concern and wastewater surveillance. [\(more...\)](#)

Fit for Work screening ends

Effective March 31, 2023, Daily Fit for Work screening is not required. This reflects a shift to a sustainable approach to managing COVID-19. [\(more...\)](#)

Government of Alberta hands new Gene Zwozdesky Centre to AHS

The Government of Alberta handed over the new Gene Zwozdesky Centre in Edmonton to AHS to prepare for a fall 2023 opening. [\(more...\)](#)



CEO message – the role of caregivers



Alberta's family caregivers contribute 647 million hours of unpaid care every year. We talk about their role and how we can support them. [\(more...\)](#)

Watch Video 

Listen as a Podcast 

New Infection Prevention and Control risk assessment resources

Frontline staff can now access a new tool to learn more about Infection Prevention and Control risk assessment. [\(more...\)](#)

Celebrating Public Health

[World Health Day](#) is a time to reflect on the public health successes that have improved our quality of life. [\(more...\)](#)

I'd like to close out this update by thanking all our staff, physicians and volunteers for your dedication to supporting the health of Albertans and each other. I know our jobs can sometimes be difficult and we need to embrace down time when we can. It's a short week with the holiday coming up this Friday, so I encourage you to relax, recharge and spend time with your loved ones this weekend. And for those of you who are working this Friday, thank you so much, and I hope you can get time away soon.

With enduring gratitude and appreciation,

Dr. Francois Belanger

Vice President, Quality & Chief Medical Officer