

# Medical Staff Update

*This Issue: Connect Care Ambulatory Medication Information in Netcare; Review Updated Alcohol and Drugs policy; American Academy of Neurology President's Award Winner; Canadian Women Physicians' Day; and more.*

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## Medical Affairs News

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## Available March 20: Connect Care Ambulatory Medication Information in Netcare

A new display for Connect Care Outpatient Med Orders will be available in Netcare, and will include the following:

- Data will be updated in real time.
- Data will not be available via Pharmaceutical Information Network (PIN), but as a separate tab in the medication section of Netcare.
- Medications listed will be based on medication orders. This means they will be prescribed for administration, but not necessarily dispensed or administered, which is different than information in PIN which is based on dispensed medications.

To learn more, review this [reference document](#).

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## Review updated Alcohol and Drugs policy

A safe, healthy and supported workforce is critical to our ability to provide excellent, timely healthcare to Albertans. All workers must be fit for AHS business and able to perform their role safely to ensure the health, safety and well-being of others. The updated [Alcohol and Drugs](#) Policy aims to provide greater clarity on being fit for work, define roles and expectations, and support workers in the proactive disclosure of substance use concerns.

See the [policy suite](#) as well as the updated [FAQ](#) and [Alcohol and Drugs Policy Process Guides for Medical Staff](#) on [Insite](#). If you have questions, please contact your Medical Affairs Concerns Consultant.

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## American Academy of Neurology President's Award Winner

Dr. Janis Miyasaki is being honored with the American Academy of Neurology (AAN) 2025 President's Award. The award honors outstanding service to the AAN and to the profession of neurology.

Dr. Miyasaki is Department Head of Clinical Neurosciences at the University of Alberta and Alberta Health Services, where she was the Department of Medicine's first Director of Equity, Diversity, and Inclusion.

Some of her other roles include a longtime member of the AAN Board of Directors; director of education for neurology for four hospitals; president of the Medical Staff Association; and president of the Canadian Movement Disorders Group. Dr. Miyasaki is also an active clinical researcher and mentor in movement disorders, physician wellness, and equity.

Read more about Dr. Miyasaki's accomplishments [here](#).

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### Canadian Women Physicians' Day – March 11

March 11 is [Canadian Women Physicians' Day](#) (CWPD), a day that recognizes the contributions and achievements of women in medicine. The day is celebrated each year on March 11 because it was on that day in 1875 when Dr. Jennie Trout became the first woman licensed to practice medicine in Canada.

There are many exceptional women physicians and medical leaders working in Alberta's healthcare system and we thank each one for their dedication and commitment to providing high-quality care for Alberta, every day.

We invite you to take a few moments to consider saying thank you to the women physicians you work with or admire by sending an e-card or short thank you note. There are two e-cards specific to CWPD available on [Insite](#) (you can find them under "this month").

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### Learn about the ethical considerations of palliative psychiatry

The [Clinical Ethics Service](#) offers education to help guide and support staff and patients through ethical decision-making.

Their [Ethics Lunch 'n' Learn Series](#) explores common healthcare issues, identifies the ethical concerns, and provides an ethical framework for thinking through challenging situations.

Join the next session: Ethical Considerations of Palliative Psychiatry

- March 20, 2025: 11:30 a.m. [Register](#)
  - March 21, 2025: 12:00 p.m. [Register](#)
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## Medical Leadership & Development

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## Provincial Medical Leadership Educational Series: A Leader's Journey

Join us for the March Provincial Medical Leadership Educational series, where together we'll explore the topic "*I never expected to be in this job – a leader's journey*" with our guest, Dr. Jennifer Bestard, interim associate medical director of Clinical Operations.

There are two sessions available:

- March 19, 4-5 p.m. | [Register](#)
- March 20, 7-8:30 a.m. | [Register](#)

Learning objectives include:

1. Describe pros and cons of getting an MBA as a medical leader.
2. Articulate the emotional and cognitive impact of the "imposter syndrome" on medical leaders.
3. Better navigate through the complexities of AHS and Alberta Health bureaucracy as medical leaders.

These sessions are now CME accredited and are open to anyone who is interested. Questions? Email [Mercypina.Gutierrez@ahs.ca](mailto:Mercypina.Gutierrez@ahs.ca) or visit our [Together4Health page](#) (login is required).

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## Leadership Insights webinars on mental health, moral distress

With a focus on mental well-being, the *Leadership Insights* series continues with topics to support you and your teams when it comes to having conversations around mental health, strategies to foster psychological health and safety and addressing moral distress.

Register for one of the following webinars:

- [Creating & Supporting Psychological Health and Safety for Leaders](#) | March 11, 11 a.m. – 12 p.m.
- [Moral Distress](#) | March 20, 2-3 p.m.

Questions? See [Insite](#) to register or for quick access to supports.

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## Physician Wellness

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## Life as a Physician: Exploring Our Experience Through Narrative Medicine

Well Doc is offering a virtual session for physicians, *Life as a Physician: Exploring Our Experience Through Narrative Medicine*. The session, hosted by Dr. Melanie Hnatiuk, is on March 18 from 5-7 p.m.

A growing body of literature supports narrative-based medicine as a tool to share experiences and express emotions. In this two-hour session, you will be introduced to key concepts in narrative-based medicine and experience writing prose or poetry. For more information and to register to attend, visit [Eventbrite](#).

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## Sport Chek VIP spring sale is back

Sport Chek is once again offering VIP pricing to staff and physicians across the healthcare system. From March 17-30, you can get up to 70 per cent off the ticket price of in-store purchases up to a spending limit of \$4,000. To get your unique barcode, fill out the [Sport Chek Code Request Form](#). Don't forget to check out the many other [workforce discounts](#) available to you on Insite. If you have questions about this or any other discount, please email [discounts@ahs.ca](mailto:discounts@ahs.ca).

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## Resources for Physicians

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### Career opportunities

Practice opportunities across a broad range of specialties are available. All vacant AHS physician practice opportunities are posted on our physician recruitment website, [Doctor Jobs Alberta](#).

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### Support for physicians

The [Physician & Family Support Program](#) (PFSP) continues to offer CONFIDENTIAL services on an individual basis that you can access by calling the 24-hour assistance line at 1-877-767-4637.

AHS also has [resources](#) aimed at offering support to physicians.

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#### Additional resources for physicians:

- [AHS Virtual Health](#)
- [CPSA's Physician Portal](#)
- [Cumming School of Medicine Continuing Medical Education \(CME\) Resources](#)
- [How to Access AHS Insite and Email](#)
- [IPC Emerging Issues](#)
- [AHS Physician Experience](#)
- [Physician & Family Support Program](#) - 1-877-SOS-4MDS (767-4637)
- [Physician Wellness Educational Resources: Well Doc Alberta](#)
- [Support Services: Well Doc Alberta](#)

*AHS recognizes that our work takes place on historical and Indigenous lands, including the territories of Treaty 6, Treaty 7 and Treaty 8, and the homeland of the Métis Nation of Alberta and eight Métis Settlements. We also acknowledge the many Indigenous communities that have been forged in urban centres across Alberta.*