Medical Staff Update

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AHS Update

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Medical Affairs News

Measles Update

Fifty measles cases have been identified in all five zones of Alberta Health Services since February, with evidence of community spread in some parts of the province. Cases also continue to increase in several Canadian provinces, and outbreaks are being reported in numerous countries and travel destinations globally.

- For information on measles in Alberta, we encourage you to please regularly visit ahs.ca/measles.
- For information on case numbers, please visit alberta.ca/measles.

Essential resources for healthcare providers:

- Measles Primary Care Summary Guide
- Provincial Measles Primary Care Clinical Pathway
- Environmental Cleaning Guidelines in Community Clinics

Please read the latest update from Dr. Laura McDougall.

Review revised never event list

Providing safe patient care at AHS is everyone's responsibility and eliminating preventable harm is a priority. Never events are a unique group of clinical adverse events, considered preventable and not expected to occur in healthcare if there are known mitigation strategies in place and appropriately followed.

The <u>Never Event List</u> has been revised to include additional events. Reporting and documented follow up on the newly expanded list began on April 1.

For questions, please contact Provincial Patient Safety@ahs.ca.

Review updated hazardous medication list

The <u>Hazardous Medication List</u> is updated and posted on the <u>Hazardous</u> Medication Handling page on Insite. Updates:

- Removed epcoritamab from the list
- Added three (3) new medications one POTENTIAL, two REPRODUCTIVE

Note: All information systems are updated. Questions? Contact hazardousmedication@ahs.ca.

Review revised Standardized Medication Concentrations for Parenteral Administration policy

The revised <u>Standardized Medication Concentrations for Parenteral</u>
<u>Administration Policy</u> is now in effect. The previous policy suite was consolidated into this streamlined policy to reflect current practice, ensure alignment with Connect Care and remove duplicate content.

Standardizing and limiting medication concentrations reduces the risk of medication errors and potential harm to patients, while supporting patient safety and compliance with Accreditation Canada.

Review key changes, the updated policy and resources on <u>Insite</u>. Questions? Email policy@ahs.ca.

New program helps physicians meet CPSA's PPIP requirements

A new program from the University of Calgary's Cumming School of Medicine, <u>SUPPORT for PPIP</u>, aims to provide physicians with a comprehensive package of self-guided online tools and webinars that will empower you with the knowledge, skills and confidence needed to successfully navigate and fulfill the Physician Practice Improvement Program (PPIP) requirements.

Visit the SUPPORT for PPIP website for more information and to register.

What we heard from the 2024 Our People Survey results

In November, we asked how you were doing and how we could support you. Here's a sample of what we heard:

Medical staff continue to have trust and confidence in the people they
work with and are proud to be members of their local team, however,
there is a desire for more interaction with their leaders.

We are committed to addressing your feedback. We want to work with medical staff to recognize their importance to the health system and build their confidence in leadership and the quality of care. Leaders are asked to share and discuss *Our People Survey* results with their teams.

We look forward to having more conversations with you about how we can take action on these results across the organization.

Learn more and find resources on Insite. Questions? E-mail engage@ahs.ca.

See updated Patient Violence Reporting tool

Updates to the <u>Reporting Patient Harassment and Violence to Police</u> resource clarify employee rights and responsibilities and leader obligations to report patient-violence incidents. It outlines what to report, what patient information can be shared, the police investigation process, and how to document incidents and law enforcement actions.

<u>Alberta Legislation</u> and <u>AHS policy</u> require these steps, which help AHS to identify safety issues and improve safety. See <u>Prevention of Harassment and Violence</u>.

Questions? Contact SafeCare. Together@ahs.ca.

RCMP Public Safety Notice

The RCMP is sharing a public safety notice about a recent trend in the online exploitation of children and youth that could result in the victim seeking medical attention. The RCMP bulletin warns of violent online groups, known as "The Com" network, targeting vulnerable youth (8-17) through platforms like Discord, Telegram and gaming apps. These groups coerce victims into self-harm, animal torture and producing explicit content. Parents and

caregivers should monitor online activity and report suspicious behavior to local authorities or the RCMP.

Any related information or concerns should be provided via email at rcmp.kinsetintakekeisnadmission.grc@rcmp-grc.gc.ca, or by phone at 780-509-3588 (Edmonton office) or 403-852-6387 (Calgary office).

Get more information.

Removal of delay on remaining test results in MyAHS Connect

Starting April 3, all test results and their result-related documents are immediately available to Alberta patients. Note that prior to April 3, some test results had been held from patients for five days in MyAHS Connect, the online patient tool for Connect Care.

The test results that were previously held for five days, but are now visible to patients immediately, include:

- All ophthalmology tests
- Endoscopy reports
- Pulmonary/respiratory tests and activities
- Sleep clinic studies
- Remaining cardiology reports

The immediacy of patient results means that this information will be available to patients at the same time as the ordering provider. Providers may wish to consider giving patients more information about the implications of different results at the time of ordering a test.

Get more information.

Medical Leadership & Development

Several new resources available for medical leaders

New Medical Leadership Resource Guides have been uploaded to Insite, where you will also find previously shared guides. These guides are educational resources for "just in time" orientation to help medical leader thrive in their roles. The newest guides are:

Health System Organization & Funding

- Credentialing, Appointment & Privileging
- Physician Issues & Concerns

Physician Experience has also developed two resources to support medical leaders in understanding the importance of recognition and providing some ideas to get started:

- Recognition Quick Guide for Medical Leaders
- Tips & Tricks for Effective Recognition

Finally, you can view our new <u>Medical Leadership & Development Guide</u> for opportunities for current or aspiring medical leaders. Feel free to share this guide with medical staff who are interested in leadership opportunities.

If you have any questions, email PhysicianExperienceDWD@ahs.ca.

Provincial Medical Leadership Educational Series: Crisis and Confidence – How to Lead Through Perpetual Disruption

Join us for the April Provincial Medical Leadership Educational series, where we'll explore the topic "Crisis and Confidence: How to Lead Through Perpetual Disruption" with our guest, Stephen de Groot, an author, international speaker and performance development facilitator.

There are two sessions available to pick from:

- April 23, 4-5:30 p.m. | Register
- April 24, 7-8:30 a.m. | Register

This engaging session will offer physician leaders an optimistic perspective for leading through crisis and disruption with calm and confidence. By the end of this session, leaders will be able to:

- 1. Connect with leader purpose and preferred outcomes through crisis.
- 2. Discuss the impact prolonged disruption has on physician functioning and performance.
- 3. Understand the Human CORE Essentials and the positive impact for elevating connection, clarity and confidence in crisis.
- 4. Review and apply practical strategies for minimizing moral distress while elevating practice performance and physician wellbeing.

These sessions are CME accredited and are open to anyone who is interested. For more information, please email Mercypina.Gutierrez@ahs.ca or visit our Together4Health page (login is required).

April Leadership Insights sessions open for registration

The Leadership Insights series continues with topics to support you and your teams when it comes to having conversations around mental health, strategies to foster psychological health and safety and addressing moral distress.

April sessions are now open for registration. Register for one of the following webinars:

- Getting to the Root Cause of Conflict | April 14, 2-3 p.m.
- Preparing for and Navigating Difficult Conversations | April 22, 2-3 p.m.
- Coaching for Respectful Behaviour | April 30, 2-3 p.m.

Questions? See Insite to register or for quick access to supports.

Physician Wellness

Wellness4MDs Program

If you are seeking support to deal with stress, burnout, anxiety or depression, build resilience and maintain or improve psychological wellness, the Wellness4MDs program is for you.

Subscribe to Wellness4MDs to receive free daily cognitive behavioural therapy-based supportive text messages and mental health literacy information.

Text "WELLMD" to 1-855-947-4673 to subscribe. This program is available to physicians, post-graduate medical trainees and medical students.

CMA launches the 2025 National Physician Health Survey

The Canadian Medical Association (CMA) has launched their 2025 National Physician Health Survey, which provides crucial data on burnout, anxiety, depression and other wellness indicators in medicine. This information helps the CMA identify ways to support medical learners and physicians, provides researchers, educators and health organizations with a one-of-a-kind dataset to advance physician health and wellness programs.

The deadline for the survey is April 15. Learn more about the survey, and complete it, on the CMA website.

Resources for Physicians

Physician learning

There are many learning and development opportunities outside of AHS offered to physicians. Here are some upcoming virtual opportunities from the Cumming School of Medicine:

- Medical Record Keeping June 13 to Sept. 11
- Clinical Reasoning Course June 4 to Sept. 10

Career opportunities

Practice opportunities across a broad range of specialties are available. All vacant AHS physician practice opportunities are posted on our physician recruitment website, Doctor Jobs Alberta.

Support for physicians

The <u>Physician & Family Support Program</u> (PFSP) continues to offer CONFIDENTIAL services on an individual basis that you can access by calling the 24-hour assistance line at 1-877-767-4637.

AHS also has <u>resources</u> aimed at offering support to physicians.

Additional resources for physicians:

- AHS Virtual Health
- CPSA's Physician Portal
- Cumming School of Medicine Continuing Medical Education (CME)
 Resources
- How to Access AHS Insite and Email

- IPC Emerging Issues
- AHS Physician Experience
- Physician & Family Support Program 1-877-SOS-4MDS (767-4637)
- Physician Wellness Educational Resources: Well Doc Alberta
- Support Services: Well Doc Alberta
- 2025 APL Lab Bulletins

AHS recognizes that our work takes place on historical and contemporary Indigenous lands, including the territories of Treaty 6, Treaty 7 and Treaty 8 and the homeland of the Otipemisiwak (Oh-teh-pim-swak) Métis Government of the Métis Nation within Alberta and the eight Metis Settlements. We also acknowledge the many Indigenous communities that have been forged in urban centres across Alberta.



Healthy Albertans. Healthy Communities. **Together.**