# AHS Medical Leadership Development Opportunities

<table>
<thead>
<tr>
<th>Description</th>
<th>Enrollment</th>
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<tbody>
<tr>
<td>Physician Diversity, Wellness and Development (Physician Experience, Provincial Medical Affairs AHS)</td>
<td>Process: Email to request. Some offerings on MyLearningLink. Contact: <a href="mailto:mdcultureshift@ahs.ca">mdcultureshift@ahs.ca</a></td>
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<tr>
<td>Virtual Medical Leadership Development Series – hosted by Dr. Curtis Johnston</td>
<td>Process: Sessions are open to all medical leaders. Contact below to be added. Contact: <a href="mailto:maria.gallego@ahs.ca">maria.gallego@ahs.ca</a> Further Information: Critical Leadership Conversations (Registration needed)</td>
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<tr>
<td>My Learning Link (MLL) Courses (Access through AHS)</td>
<td>Process: Self-register Further Information: Learning Navigator</td>
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The Physician Diversity, Wellness and Development team offers in-person (and virtual) training opportunities in Trauma Informed Leadership (CME accredited), Trauma Aware Culture Training (TACT), Trauma-informed Protective Strategies (TIPS), burnout prevention, and physician suicide awareness.

Monthly CME-accredited virtual seminars (1.5 hours) on topics related to medical leadership processes and knowledge. Each session is focused on one or two related topics with speakers, and time for discussion or small break away groups.

Harvard Manage Mentor (HMM) is open to everyone at AHS. Contains resources for leaders to stay on top of the latest thinking and proven practices from Harvard Business Review through bite-sized, on-demand videos, articles and modules.

MLL hosts instructor-led and online eLearning courses developed by AHS stakeholders. Offers a number of leadership development related offerings in their course catalogue that is continuously expanding.

Updated: Sept 2023
## Canadian Medical Association (CMA) Fundamentals

Free and accredited, self-study learning, including:

- **Leadership Essentials Learning Series**: Focused on helping you develop skills to influence, engage and communicate with the members of your health care team.

- **Early Career Learning Series**: Help to increase awareness and competency in key areas that are crucial to your success as a physician. Current topics include, “Finding Meaning and Purpose in Medicine”, “Relationship Tips for Busy Docs”, “Influencing Up for Early Career Physicians”.

### Process:
Self-register. CMA login required for Leadership Essentials Series.

Early Career Learning Series videos can be viewed directly through the link below (no login).

### Further Information:
Physician Fundamentals | CMA Joule (joulecma.ca)

## Canadian Medical Association (CMA) Joule Physician Leadership Institute (PLI) Courses

The CMA is currently redesigning their physician leadership program. During this time, there are no open enrollment PLI courses being offered, and a smaller selection of courses are available for booking. Zones and Departments may choose to offer and fund courses currently available.

Of the courses currently available, we'd like to highlight:

- Building and leading teams
- Influence and advocacy
- Polarity management: adaptive leadership for competing priorities
- Social systems leadership: Thriving in complexity

### Process:
reach out to the PLI team to discuss your learning needs pli@cma.ca

### Further Information:
The Physician Leadership Institute | CMA Joule (joulecma.ca)

## Critical Conversations Leadership Development Series – hosted by Dr. Curtis Johnston

This four-part virtual series is designed for leaders to gain skills and confidence having critical leadership conversations. Each part is a blend of large group and small group learning over a period of 6-10 weeks. The focus of each part is as follows:

**Part 1:** Critical Leadership Conversations

**Part 2:** Accountability Conversations, managing physician concerns

**Part 3:** Developmental Conversations, Periodic Reviews

**Part 4:** Large Group Conversations

### Process:
Sessions are open to all physicians. Email contact for upcoming dates.

### Contact:
lori-ann.paul@ahs.ca

### Further Information: [Critical Leadership Conversations](https://joulecma.ca) (Registration needed)
AHS Leadership Development Program

This is a cohort-based leadership program designed to be an immersive experience that combines social learning, eLearning and peer-and-leader coaching.

The programs are guided by our Values and Competencies, and support the development of leadership skills and behaviors aligned with our Leadership Capability Framework (LEADS).

**Emerging Stream:** Designed for those who lead through influence and are not in formal leadership roles and those interested in moving into leadership.

**Foundational Stream:** This program is available to formal leaders of teams and programs.

**Advanced Leader Program:** Designed for leaders of leaders and those that lead strategic initiatives.

**Commitment:** 3 hours per week for 12 weeks

**Process:** Application based (approval from a sponsor leader needed).

**Contact:** leadershipdevelopmentprogram@ahs.ca

**Further Information:**
- Leadership Development Programs
- Your Learning Your Way
- Leadership Development Programs - FAQ

AHS Executive Education Program

Developed through partnership with the University of Alberta’s School of Business and the University of Calgary Haskayne School of Business, this program helps you define and reach for excellence in health care leadership.

**Commitment:** The program runs for five months and includes the following:

- Three in-person residencies and two online residencies
- Participation in an Action Learning Project (participants are assigned to work on complex organizational challenges and are challenged to solve problems that will move the transformation of health care forward)
- External speakers panel conversation, coaching, and online learning courses and materials

**Process:** Available to eligible leaders by nomination only.

**Contact:** executiveeducation@ahs.ca

**Further Information:**
- Executive Education Brochure
- Executive Education Program

Updated: Sept 2023
**AHS Executive Education (condensed)**

In collaboration with the University of Alberta School of Business: Executive Education, the Senior Leadership Program (SLP) is a six day, in-person program that provides AHS Executive/Senior Leaders with a condensed AHS Executive Education learning experience.

The program goal is to enhance the application of skills and knowledge as provided within the core AHS Executive Education program and the LEADS in a Caring Environment curriculum.

**Process:** Available to AHS Executive/Senior Leaders

**Contact:** [Stephanievandenbiggelaar@ahs.ca](mailto:Stephanievandenbiggelaar@ahs.ca)

<table>
<thead>
<tr>
<th>Interaction?</th>
<th>Live</th>
<th>Offline</th>
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<tbody>
<tr>
<td>Length?</td>
<td>Seminar length (1-3 hours)</td>
<td>Short course (&lt; 1 week to complete)</td>
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<tr>
<td>For Who?</td>
<td>Targeted for medical leaders</td>
<td>All leaders</td>
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