

Date: Tuesday, May 28, 2019

To: Central Zone Emergency Room/Urgent Care Centre Physicians and Staff, and Family Physicians

CC: Central Zone Medical Affairs, Acute Care Pharmacists c/o Diana Somer, CASART Nurses, IPC, WHS, CDC, MOHs

From: Dr. Digby Horne, Medical Officer of Health – Central Zone

Subject: Changes to Recommended HIV Post-Exposure Prophylaxis (PEP) Medications and Packaging in Central Zone Emergency Departments/Urgent Care Centre

Please be advised that the recommended HIV post-exposure medications have changed for pregnant women and depend on gestational age. Recommendations have not changed for other adults (12 years of age and older). This change will result in a change to the name and contents of available HIV PEP kits:

<p>Kit 1: <i>For use by non-pregnant adults and pregnant women more than 14 weeks gestation.</i></p>	<p>tenofovir disoproxil fumarate (TDF) – emtricitabine (FTC) (300 -200 mg, once daily): Truvada® plus dolutegravir (DTG) (50 mg, once daily): Tivicay®</p>
<p>Kit 2: <i>For use by pregnant women less than or equal to 14 weeks gestation.</i></p>	<p>tenofovir disoproxil fumarate (TDF) – emtricitabine (FTC) (300 – 200 mg, once daily): Truvada® plus darunavir-ritonavir (DRV/r) (darunavir 800 mg plus ritonavir 100 mg, once daily): Prezista®; Norvir®</p>

Kit 2 and pediatric medication will *only* be stocked at the Red Deer Regional Hospital pharmacy and will be couriered elsewhere in Central Zone as necessary. The *Alberta Guidelines for Post-Exposure Management and Prophylaxis: HIV, Hepatitis B, Hepatitis C, and Sexually Transmitted Infections* is available online at: <https://open.alberta.ca/publications/9781460143360>

Thank you for attention and assistance.