

NEW Process for HIV Post-Exposure Prophylaxis (PEP) Follow Up

Date: October 31, 2024
To: All Edmonton Zone Emergency Department and Urgent Care Physicians
From: Edmonton Zone Medical Officers of Health
RE: New process for HIV Post-Exposure Prophylaxis (PEP) Follow-Up

Transition of all adult (12 years old and older) HIV PEP follow up to a centralized program will take place on **NOVEMBER 2, 2024**. Health Link/Virtual MD program will assume responsibility for HIV PEP follow up appointments in all zones.

Please refer to the adult (12 years old and older) Connect Care blood and body fluid exposure (BBFE) order set:

- MOHs will continue to risk assess community-based BBFEs and authorize HIV PEP if indicated.
- WHS teams will continue to risk assess and authorize HIV PEP for AHS employee BBFEs.
- After initiating of HIV PEP, **follow up by Infectious disease teams will NO longer be required**. This new process **does not apply to individuals under 12 years of age**. Follow up of HIV PEP for patients under 12 years of age will continue to require referral to Pediatric Infectious Diseases.
- If HIV PEP is approved, ensure a referral to Virtual MD is completed (**Ambulatory Referral to Health Link**).
- Communicable Disease Control (CDC) team will continue to manage routine community BBFEs.
- Ambulatory referrals for the above are available in the Connect Care Adult BBFE order set.

NEW Connect Care Order Requirements

- For low-risk community-based BBFE assessments when HIV PEP is unlikely to be indicated, **NO phone consult to MOH is required**. Instead use **Ambulatory Referral to Public Health Communicable Disease** (select department “**EDM SSP CDC ND BBFE**”).
- For community-based BBFE, if HIV PEP is indicated and approved by Zone process (phone consult to CD/MOH), use **Ambulatory Referral to Health Link** for follow up.
- Referral to Health Link only applies to individuals 12 years of age and older. Follow up of HIV PEP initiation for patients under 12 years of age will continue to require referral to Pediatric Infectious Diseases. Public Health will accept referrals for low-risk community-based BBFE assessments for individuals 12 years of age and under through the **Ambulatory Referral to Public Health Communicable Disease** (select department “**EDM SSP CDC ND BBFE**”).
- For AHS WHS BBFE, if HIV PEP is indicated and approved by Zone process use **Ambulatory Referral to Health Link** for follow up.
- For questions, please use routine zone consultation processes.

AHS is implementing a province-wide centralized model of care for blood and body fluid exposure (BBFE) post-exposure management. This is a graduated process, and communication will come out as each phase roles out.