

#### **Description of Service**

Alberta Health Services (AHS) Medical Staff who are specialists in Physical Medicine and Rehabilitation and have privileges in AHS facilities to provide safe, high-quality care to patients across the Province. Physical Medicine and Rehabilitation, also known as Physiatry, is the branch of medicine concerned with diagnosis, medical management, and rehabilitation of persons of all ages with neuromusculoskeletal disorders and associated disabilities. <sup>1</sup>

For a full list of clinical privileges, please refer to the attached Physical Medicine and Rehabilitation Clinical Privilege List on page 5.

#### **Zone Medical Staff Organization**

Zone	Department(s)	Section(s)	
South	Seniors Health	No section but members credentialed in Seniors Health	
Calgary	Clinical Neurosciences	Physical Medicine and Rehabilitation	
Central	Internal Medicine	Rehabilitation Medicine	
Edmonton	Clinical Neurosciences	Physical Medicine and Rehabilitation	
North	N/A	N/A	

#### College of Physicians and Surgeons of Alberta (CPSA) Requirements

The CPSA grants practice permits but does not grant any additional practice approvals for specific procedures or specialties beyond those stated on the practice permit.

A practice permit from the CPSA does not guarantee that an individual will be granted for an AHS Medical Staff appointment or privileges. It is AHS's role and responsibility to screen and evaluate the qualifications of Practitioners in relation to the specific procedures and patient care services they will be providing at specific sites before granting an appointment and clinical privileges.

Physicians with expertise in a particular area of practice may require a CPSA approval process separate from the CPSA licensure and AHS privileging process for specific services. These services typically fall into the non-invasive diagnostics group. Please refer to the CPSA website

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<sup>&</sup>lt;sup>1</sup> Royal College of Physicians and Surgeons of Canada – Objectives of Training in the Specialty of Physical Medicine and Rehabilitation (2020)

for a list of practice areas requiring approval <a href="http://www.cpsa.ca/accreditation/physician-approvals/">http://www.cpsa.ca/accreditation/physician-approvals/</a>.

#### **Minimum Education and Training Requirements**

The "Minimum Education and Training Requirements" set out in the AHS List of Physical Medicine and Rehabilitation Clinical Privileges are as follows:

- 1. Appropriate licensure with the College of Physicians and Surgeons of Alberta, AND
  - 2. Credentials satisfactory to the Zone Clinical Department Head (ZCDH), Zone Application Review Committee (ZARC) and/or the Chief Medical Officer (CMO), including:
    - o Successful completion of a Royal College of Physicians and Surgeons of Canada (RCPSC) accredited residency program in Physical Medicine and Rehabilitation and fellowship in the RCPSC (FRCSC);
      OR
    - o Equivalent combination of (international) education, training and experience satisfactory to the ZCDH, ZARC and CMO.

These are minimum requirements. The ZCDH, ZARC and the CMO may determine that additional education, training or experience is required. The ZCDH, ZARC and CMO may also determine that an individual has developed competency in a particular area, without having completed a fellowship in that area, through an equivalent combination of education, training and experience. In addition to the minimum requirements listed above, additional education, training, experience and certification may be required to be granted certain clinical privileges. These specifics are identified in the attached clinical privileges list.

## Privileges Requiring Additional Education, Training and Experience

The list identifies privileges that require additional specialty training and documentation of evidence that the practitioner has received recognized postgraduate education, training or an appropriate level of experience to safely provide the service.

## Clinical Privilege List and Medical Staff Bylaws

The AHS Medical Staff Bylaws state that the clinical privileges granted to a Practitioner define the diagnostic or therapeutic Procedures or other Patient care services a Practitioner is deemed competent to perform, the Facility(ies) and Zone(s) within which the Practitioner is eligible to provide care and services to Patients; and the specified AHS Programs and Professional services...that the Practitioner is eligible to access.<sup>2</sup>

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<sup>&</sup>lt;sup>2</sup> AHS Medical Staff Bylaws 3.0.2

No recommendation on Clinical Privileges is meant to prevent any licensed Practitioner from performing any medical procedure on any person in an emergency situation where failure to perform that procedure may result in death or serious injury or harm to the person.<sup>3</sup>

Nothing in this document or the attached Physical Medicine and Rehabilitation List of Clinical Privileges replaces the processes or requirements set out in the AHS Medical Staff Bylaws and Rules. This document and its attachments are intended to supplement and more fully describe the application of the AHS Bylaws and Rules in the context of Physical Medicine and Rehabilitation Clinical Privileges.

The AHS Medical Staff Bylaws and Rules can be found on the AHS website at <a href="http://www.albertahealthservices.ca/7086.asp">http://www.albertahealthservices.ca/7086.asp</a>.

#### Interpretation of the Clinical Privilege List

The following list describes and reflects the categories/types of patient services included in the scope of Physical Medicine and Rehabilitation privileges available to members of the AHS Medical Staff with the necessary and required education, training, and experience. When granted, Physical Medicine and Rehabilitation privileges include the capability to perform the noted procedure using various techniques and approaches as appropriate for the patient, unless a specific technique or approach is specified. The Zone Clinical Department Head's recommendation regarding specifics of an individual's privileges and any associated techniques will be provided to ZARC and the CMO for their consideration.

The Medical Staff Rules define the minimum review period for the privilege list.<sup>4</sup>

## Sites of Clinical Privileges

A delineation of the sites of clinical activity is a required component of clinical privileges (AHS Medical Staff Bylaws, 3.2.1(c) and 3.2.7).

Clinical privileges will reflect the site (or sites) where the Physician physically provides the clinical services. A Physician privileged in the specialty may have clinical privileges at multiple sites if they travel to multiple sites to provide clinical services as approved by the ZCDH, ZARC, and/or the CMO. Privileges granted may only be exercised at the site(s) and/or setting(s) that have sufficient space, equipment, staffing, and other resources required to support the privilege.

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<sup>&</sup>lt;sup>3</sup> AHS Medical Staff Rules 3.4.3(e)

<sup>&</sup>lt;sup>4</sup> AHS Medical Staff Rules, 3.4.3(f)(ii)).

	Site A	Site B	Site C	Site D	Site E
Privilege 1					
Privilege 2					
Privilege 3					
Privilege 4					

The table above indicates what privileges are available at which sites:

- Privilege 1 is available at all sites
- Privilege 2 is available at sites A, C,D and E
- Privilege 3 is available at sites A and C
- Privilege 4 is available at sites B, D and E

#### **Proctoring Requirements**

The Zone Clinical Department Head may determine that a period of proctoring is required in certain situations. Proctoring can be defined as follows:

"The term *proctor* is often used to mean observe, supervise, mentor, monitor, or directly assess...*proctoring* reflects a process by which an individual is reviewed and evaluated over time to ensure competence, and proctor identifies the person performing the assessment." *The Medical Staff Handbook, A Guide to Joint Commission Standards, Second Edition.* 

"Proctoring is a process of direct observation that allows for the focused evaluation of current physician competency in carrying out actual clinical care and takes both cognitive and procedural abilities into account. If the proctor observes potential or imminent patient harm during the proctoring process, it may be ethically appropriate for him or her to intervene." Proctoring and FPPE: Strategies for Verifying Physician Competence, Second Edition. Robert J. Marder, MD, CMSL, and Mark A. Smith, MD, MBA, CMSL.

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## Clinical Privilege Lists

Physical Medicine and Rehabilitation Privileges				
General Privileges				
	Admitting (Admitting (Most Responsible Practitioner MRP), assessment, evaluating, consulting, diagnosing, treating)			
	Consulting (Non-Admitting (not MPR), assessment, evaluating, consulting, diagnosing, treating)			
	Surgical Assist (At the direction of the surgeon, provides aid in technical functions in the OR)			
	Clinical Associate (Assessment, evaluating, diagnosing, treating in collaboration with the neurosurgeon)			
Clinical Privileges				
	Arthrocentesis			
	Botulinum Toxin Injections			
	Intradiscal injections			
	Interlaminar caudal and lumbar epidural			
	Intrathecal injections			
	Joint Aspiration			
	Joint/Bursal Injection			
	Lumbar Puncture			
	Motor Point Block			
	Myofascial Trigger Point Injection			
	Nerve Block			
	Nerve Conduction			
	Radiofrequency ablations			
	Soft Tissue Injections			
	Spinal Cord Stimulator – testing, and maintenance			
	Therapeutic nerve injection and hydrodissection			

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	Thermal neurolysis				
	Trigger Point Injection				
	Wound Debridement				
Extended Privileges: the below listed privileges require education, training and experience in addition to the successful completion of the Fellowship/Residency program.					
	EMG and EMG interpretation	CPSA Standards and Approval			
	Evoked Potential Test Interpretations	CPSA Standards and Approval			
	Fluoroscopy	Successful completion of Radiation Safety Course and demonstrated skill and/or demonstrated combination of education, training and/or experience to satisfy the ZCDH			
	Point of Care Ultrasound	Successful completion of a Canadian or equivalent Physical Medicine and Rehabilitation fellowship training and additional training in Point of Care Ultrasound and demonstrated skill and/or demonstrated combination of education, training and/or experience to satisfy the ZCDH.			
	Procedural Sedation	Compliance with the AHS Procedural Sedation Policy (PS-21) and Procedure (PS-21-01). Demonstrated combination of education, training AND/OR experience in conscious sedation to satisfy the ZCDH.			
	Use of Laser	Successful completion of a Canadian or equivalent Physical Medicine and Rehabilitation fellowship training and additional training in Laser Physical Medicine and Rehabilitation and demonstrated skill and/or demonstrated combination of education, training and/or experience to satisfy the ZCDH.			

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