

**EARLY OUTBREAK RECOGNITION CHECKLIST**

Respiratory/Influenza-Like-Illness (ILI) and/or Gastrointestinal (GI) Illness Surveillance  
(*Supportive Living / Home Living / Designated Assisted Living*)

**FRONTLINE STAFF:**

If you have noticed a client(s) and/or staff member(s) with unusual or unexpected respiratory and/or gastrointestinal illness symptoms (for example – nausea, vomiting, diarrhea, cough, fever) you should:

- Immediately notify your supervisor.**
- Continue, and enhance infection prevention and control measures to reduce spread of possible infection. This includes:
  1. Strict Hand Hygiene
    - For staff, ensure frequent and thorough hand hygiene before and after providing care to clients/residents and after touching used client/resident care equipment or soiled environmental surfaces.
    - Assist clients/residents with frequent hand hygiene.
    - Use alcohol based hand rubs containing at least 70% alcohol – these are as effective as soap and water when hands are not visibly soiled.
    - Wash hands with soap and water if visibly soiled or if they feel dirty.
  - 2..Restriction of Symptomatic Clients/Residents
    - When possible, symptomatic clients/residents should be advised to stay in their rooms with meals served in their rooms (or as recommended by Public Health, once contacted). If this is not practical, ill clients/residents should be restricted to their own floors and avoid contact with others in common living areas (e.g. dining room, social areas) as much as possible.
    - Medically necessary appointments should be kept unless the client is not physically able to attend. Discussions should occur between the responsible staff at the housing site and the health care professionals involved in the appointment to ensure precautions can be taken in transit including EMS and at the appointment site.
    - Clients/residents who are not ill do not need to be restricted from normal activities.

Source “Guidelines for Outbreak Prevention, Control and Management in Supportive Living and Home Living Site”, Alberta Health Services <https://www.albertahealthservices.ca/assets/healthinfo/hi-dis-flu-care-and-treat-guidelines.pdf>  
AHS IPC website <http://www.albertahealthservices.ca/info/Page6410.aspx>