

Choosing Wisely Canada – Patient Resources

Shared Decision Making is defined as the “collaboration between patients and providers, which considers patients’ values and preferences alongside evidence to make the best decisions.”

Webpage: [Choosing Wisely Canada - Patient Resources](#)

What is this resource?

This is a resource webpage that provides patient resources for healthcare professionals to support conversations with patients about their medical conditions and treatment options.

How does this resource relate to Shared Decision Making (SDM)?

This resource aligns directly with SDM the patient resources can help inform both healthcare professionals and patients on medical conditions and treatment options.

The materials encourage clinicians and patients to start a conversation about the risks, harms and benefits of tests and treatments.

How can I use this resource?

This resource webpage provides downloadable resources and pamphlets for providers to use with patients.