

Shared Decision Making is defined as the “collaboration between patients and providers, which considers patients’ values and preferences alongside evidence to make the best decisions.”

Webpage: [Canadian Medical Protective Association](#)

What is this resource?

This resource provided by the Canadian Medical Protective Association (CMPA) outlines approaches that clinicians and non-clinicians can use to support effective decision-making with patients and families.

How does this relate to Shared Decision Making (SDM)?

According to CMPA, physicians play a major role in helping patients understand both diagnosis and the available treatment options. The information and dialogue physicians provide, form an essential part of the informed consent discussion.

Helping patients understand the implications of the care plan and engaging them in the decision-making process strengthens the exchange and partnership between physicians and patients. It can also promote a patient's adherence to the treatment plan.

How can I use this resource?

The website provides information on informed consent, medico-legal concerns, helping patient decision-making, and choosing reliable medical information for patients. Additional readings are also provided.

Questions about this resource can be directed to: webmaster@cmpa.org.