Shared Decision Making is defined as the "collaboration between patients and providers, which considers patients' values and preferences alongside evidence to make the best decisions."

## Webpage: National Health Service England

## What is this resource?

This is a resource webpage from National Health Service (NHS) England that provides guidance to clinicians and non-clinicians on how to implement shared decision-making.

## How does this relate to Shared Decision Making (SDM)?

NHS England states that shared decision-making ensures that patients and families are supported to make decisions that are right for them.

The conversation brings together:

- The clinician's expertise, such as treatment options, evidence, risks and benefits.
- What the patient knows best: their preferences, personal circumstances, goals, values and beliefs.

## How can I use this resource?

The resource webpage provides a downloadable summary guide and additional guidance and resources and decision support tools in the navigation menu.

Questions about this resource can be directed to: england.shareddecisionmaking@nhs.net.

