How To Respond To An Opioid Poisoning With Naloxone (Naloxone Kit Instruction Insert)

How To Respond To An Opioid Poisoning With Naloxone

**STEP 1** Look for Signs of Opioid Overdose
- Slow breathing or no breathing
- Unresponsive to voice or pain
- Pale face
- Lips or nails appear blue
- Gurgling or snoring sounds
- Choking or vomiting
- Cold and clammy skin
- Constricted or tiny pupils
- Seizure-like movement or rigid posture
If you see any of these signs, go to step 2 and call 911 immediately.

**STEP 2** Check for response
- Speak loudly.
- Rub fist hard on middle of chest.
- If no response, call 911 and go to Step 3.

**STEP 3** Are they breathing?
- See if chest is rising and falling.

**STEP 4** Prepare Naloxone
- Take cap off vial.
- Hold bottle upside down.
- Insert needle into liquid, to the neck of the vial.

**STEP 5** Inject Naloxone
- Pull back on plunger.
- Take up all of the liquid (about 1 ml) until vial is empty.
- Inject needle into thigh (preferred) or shoulder.
- Push the plunger hard until you hear a click.

**STEP 6** Repeat
- Continue Rescue Breathing.
- Repeat steps 3 to 5 until help arrives.
- If they wake up, remain calm and explain that help is on the way.

**Kit Contents**
- Safety syringe
- Naloxone
- 3 alcohol pads
- 3 syringes
- Mask
- Gloves

The Addiction Helpline is available 24/7 with support and info on substance use. Call 1.866.332.2322 for help.

Harm Reduction Services
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