

How To Respond To An Opioid Poisoning With Naloxone (Naloxone Kit Instruction Insert)

How To Respond To An Opioid Poisoning With Naloxone



STEP 1 Look for Signs of Opioid Overdose

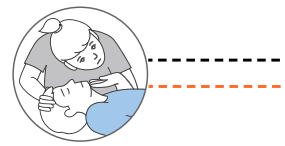
- Slow breathing or no breathing
 - Unresponsive to voice or pain
 - Pale face
 - Lips or nails appear blue
 - Gurgling or snoring sounds
 - Choking or vomiting
 - Cold and clammy skin
 - Constricted or tiny pupils
 - Seizure-like movement or rigid posture
- If you see any of these signs, go to step 2 and call 911 immediately.**

STEP 2 Check for response



- Speak loudly.
- Rub fist hard on middle of chest.
- If no response, call 911 and go to Step 3.

STEP 3 Are they breathing?



- See if chest is rising and falling.

No Start Rescue Breathing

- Tilt head back.
- Lift chin.



Yes Put in Recovery Position

- Roll onto side. Hand supports head.
- Wait for help to arrive.



Rescue Breathing



- Read placement and use instructions on mask.
- Put mask on mouth.



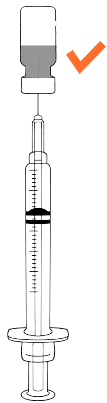
- Pinch nostrils.
- Blow into mouth every 5 seconds for 2 minutes (about 24 breaths).
- If still not breathing, go to Step 4.

STEP 4 Prepare Naloxone

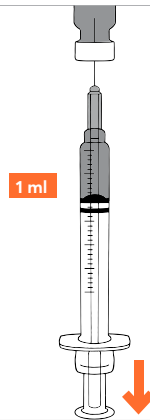
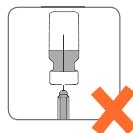
- Take cap off vial.



Naloxone is safe to inject and will have no effect on someone who has not taken opioids.



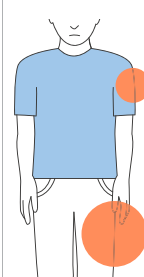
- Hold bottle upside down.
- Insert needle into liquid, to the neck of the vial.



- Pull back on plunger.
- Take up all of the liquid (about 1 ml) until vial is empty.

STEP 5 Inject Naloxone

- Inject needle into thigh (preferred) or shoulder
- Push the plunger hard until you hear a click.



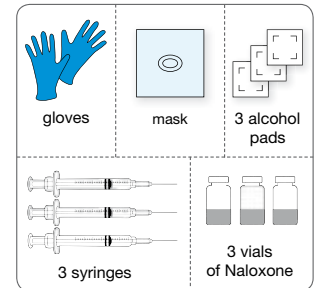
Safety syringe will pull back needle when plunger is fully depressed. Naloxone can be injected through clothing.

STEP 6 Repeat

- Continue Rescue Breathing.
- Repeat steps 3 to 5 until help arrives.
- If they wake up, remain calm and explain that help is on the way.



Kit Contents



The Addiction Helpline is available 24/7 with support and info on substance use. Call 1.866.332.2322 for help.