Community Based Naloxone Training Checklist

This checklist can be used by a trainer (or naloxone kit provider) as a training guide when providing someone with a naloxone kit. Training should be offered but can always be declined by anyone requesting a naloxone kit. Training can be tailored to the learner's needs and based on their previous experience with naloxone kits and poisoning response.

RESPONSE TOPIC	✓	TRAINING POINTS
RECOGNIZING POISONING & CALLING 911		▪ Signs of opioid poisoning ▪ How to do a safety check before responding to suspected poisoning, potential hazards and appropriate actions ▪ How to check for responsiveness by voice or painful touch (calling out loudly and sternal rub) ▪ When to call 911 and what to communicate to the operator and Emergency Medical Services (EMS) when they arrive
RESCUE BREATHING		▪ How to check for breathing ▪ How to give rescue breaths using the CPR mask (1 breath every 5 seconds for 2 minutes, or about 24 breaths) ▪ When and how to put a person in recovery position ▪ When to give rescue breaths during the response (for 2 minutes, or about 24 breaths, between doses of naloxone and until help arrives)
NALOXONE INJECTION		▪ Why naloxone does not work for non-opioid poisoning but is safe to give if opioid poisoning is suspected ▪ How to prepare naloxone injection ▪ How to give naloxone injection into the middle outer thigh (vastus lateralis) or deltoid muscle ▪ How to engage syringe safety mechanism
ASSESSMENT & AFTERCARE		▪ How naloxone takes 3 to 5 minutes to produce effects and how to look for changes and assess need for additional doses ▪ How naloxone effects last for 20 to 90 minutes and poisoning signs may reappear when effects wear off ▪ What is important to communicate to the person coming out of poisoning (what happened, safety instructions if naloxone was given) ▪ Risk factors and strategies to prevent poisoning ▪ Where to access support services for mental health and substance use
KIT STORAGE & REPORTING USE		▪ Naloxone storage specifications and expiry ▪ How to get a replacement kit ▪ How to report kit use anonymously and value in reporting

Alberta Health Services

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