

Using Alone

Service providers can print these pages and cut along the solid black lines to make individual information cards on safer substance use when using alone. Additional printable information resources can be found at www.ahs.ca/naloxone.

<p>Using alone.</p>  <ul style="list-style-type: none">• Use while on the phone with a trusted person.• Use supervised consumption services (SCS) if possible.• Have a naloxone kit.• Use somewhere visible.• Leave doors unlocked.• Ask someone to check on you.• Start low and go slow with your dose. <p>Visit drugsafe.ca or call the Addiction Helpline 1.866.332.2322 (24/7)</p> 	<p>Using alone.</p>  <ul style="list-style-type: none">• Use while on the phone with a trusted person.• Use supervised consumption services (SCS) if possible.• Have a naloxone kit.• Use somewhere visible.• Leave doors unlocked.• Ask someone to check on you.• Start low and go slow with your dose. <p>Visit drugsafe.ca or call the Addiction Helpline 1.866.332.2322 (24/7)</p> 	<p>Using alone.</p>  <ul style="list-style-type: none">• Use while on the phone with a trusted person.• Use supervised consumption services (SCS) if possible.• Have a naloxone kit.• Use somewhere visible.• Leave doors unlocked.• Ask someone to check on you.• Start low and go slow with your dose. <p>Visit drugsafe.ca or call the Addiction Helpline 1.866.332.2322 (24/7)</p> 
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