Alexis Nakota Sioux Nation

Health Innovation & Cancer Prevention (HICP)

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| PROJECT SYNOPSIS: Host regular community gatherings to support those dealing with cancer and chronic disease, as well as their families and regular community events on cancer prevention. | HICP PROJECTS: 1. 5 KM VIRTUAL WALK/RUN 2. SING & DRUM FOR SPIRITUAL JOY WEEKLY SUPPORT GROUP 3. WIYAMI (WOMEN) SUPPORT GROUP (35-49) 4. WIYAMI (WOMEN) SUPPORT GROUP (50+) 5. WICABI (MEN) SUPPORT GROUP 6. GOLF FUNDRAISER TOURNAMENT FOR HOPE 7. COMMUNITY HEALTH FAIR 8. FITNESS CHALLENGE 9. NUTRITION PROGRAM 10. YOUTH COLORING CONTEST 11. SOFTBALL TOURNAMENT 12. CHRISTMAS ARTS & CRAFTS 13. CANCER AWARENESS VIDEOS 14. SOCIAL MEDIA YOUTH SUPPORT 15. FACEBOOK 16. EVALUATION (INTERNAL) |
| Outcomes/Accomplishments | Strong community participation Cancer survivors shared their personal stories Strong support for each other around cancer prevention & treatment |
| Challenges | • Health restrictions and fear of infection severely impacted community participation/outreach |
| Lessons Learned | Nobody fights cancer alone Importance of regular check-ups and screening Knowledge is power |
| Next Step(s) | Increase male & youth participation |
| Recommendation(s) | Continue to provide fundingHire male & female coordinators |

