

# Métis Nation of Alberta

## Health Innovation & Cancer Prevention (HICP)

PROJECT SYNOPSIS: Deploying two Cancer Prevention Practitioners to build capacity in Métis Albertans to quit smoking using culturally appropriate tools.

MÉTIS NATION OF ALBERTA	
PROJECT SYNOPSIS: Deploying two Cancer Prevention Practitioners to build capacity in Métis Albertans to quit smoking using culturally appropriate tools.	<b>HICP PROJECTS:</b> <ol style="list-style-type: none"><li>1. QUITCORE</li><li>2. INDIVIDUAL INTERVENTION</li><li>3. QUIT RETREAT</li><li>4. PEER SUPPORT GROUP</li><li>5. EVALUATION (EXTERNAL)</li></ol>
<b>Outcomes/Accomplishments</b>	<ul style="list-style-type: none"><li>• 88 Métis Albertans completed virtual QuitCore</li><li>• 26 people shared their stories of commercial tobacco use</li><li>• Launched first virtual Quit Retreat</li><li>• Provided 88 members with Blue Cross funding for cessation medication &amp; therapy</li><li>• Established strong relationship with AHS Cannabis, Tobacco and Vaping Program</li><li>• MNA's flexibility and adaptability to changing times</li></ul>
<b>Challenges</b>	<ul style="list-style-type: none"><li>• Low technical literacy</li><li>• Low participation from male members</li><li>• Participant attrition</li><li>• Staff recruitment and retention</li><li>• Timeline had to be adjusted and activities needed adapted/postponed due to COVID-19</li></ul>
<b>Lessons Learned</b>	<ul style="list-style-type: none"><li>• Virtual programming is less meaningful for Métis</li><li>• Smoking cessation program needs to be holistic</li><li>• Relationship building &amp; culturally safe practices with pharmacies &amp; primary care network much needed to eliminate racism</li></ul>
<b>Next Step(s)</b>	<ul style="list-style-type: none"><li>• Seek sustainable funding</li><li>• Provide anti-racism training to increase cultural safety</li></ul>
<b>Recommendation(s)</b>	<ul style="list-style-type: none"><li>• Offer sustainable funding</li><li>• Allow more room for flexibility adaptati&amp; on to grant timelines</li></ul>

