

Stoney First Nation

Health Innovation & Cancer Prevention (HICP)

PROJECT SYNOPSIS: Increase culturally relevant navigation services for community members and increase educational opportunities on prevention.

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Outcomes/Accomplishments	<ul style="list-style-type: none"> • Individual interviews and in-depth conversations with 25 community members • Creation of 5 bilingual pamphlets on breast, lung, prostate, colorectal, and oral cancers • Engaged all aged groups (children, youths, Elders) in cancer prevention initiatives • Community upheld Indigenous traditional practices/medicine
Challenges	<ul style="list-style-type: none"> • Several in-person sessions had to be postponed or cancelled due to COVID-19 outbreaks/snowstorms
Lessons Learned	<ul style="list-style-type: none"> • 84% community members use traditional practices to improve health • 44% people have very strong negative association with cancer, but 92% interviewees were willing to share their experience with cancer • Breast, colorectal, lung, prostate and oral are the most common cancers in community • 52% believed cancer was caused by unhealthy lifestyle (poor diet, stress) and 48% identified tobacco use as the primary cause while 16% attributed cancer to environmental causes (i.e., spraying of crops) • Living a healthy life, reducing smoking, and getting regular check-ups would prevent cancer
Next Step(s)	<ul style="list-style-type: none"> • Secure funding for full-time staff to work with children, youths and Elders
Recommendation(s)	<ul style="list-style-type: none"> • Search for long-term funding

