Tribal Chiefs Ventures Inc.

Health Innovation & Cancer Prevention (HICP)

PROJECT SYNOPSIS: Access to a nutritionist within the community to assist in the development of cancer-preventative nutrition-based menu planning for schools, daycares, the Aboriginal Head Start On-Reserve program, and home care services.

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	TRIBAL CHIEFS VENTURES INC.
PROJECT SYNOPSIS: Access to a	HICP PROJECTS:
nutritionist within the	NUTRITION BASED CANCER PREVENTION WORKSHOPS
community to assist in the	2. WEIGHT MANAGEMENT
development of cancer-	3. ENGAGEMENT OF ELDERS IN NUTRITION BASED CANCER PREVENTION
preventative nutrition-based	4. ABORIGINAL HEADSTART ON RESERVES
menu planning for schools,	5. NATIONAL NATIVE DRUG & ALCOHOL PROGRAM
daycares, the Aboriginal Head	6. 1 ON 1 NUTRITIONAL COUNSELING
Start On-Reserve program, and	7. PICKING EATING OF CHILDREN EDUCATION SESSION
home care services.	8. DIABETES WALK & EDUCATION SESSION
Outcomes/Accomplishments	 Nutritionist provided services (group & individual) to ~500-700
	individuals from 6 First Nations
	Increased awareness of importance of healthy lifestyle (nutrition, weight)
	management etc.) to prevent cancer
Challenges	Cancellation & rescheduling of in-person session due to COVID-19
	outbreaks
	Low participation rate at in-person engagements
	Poor Wi-Fi connection
	Low technology skills (Elders)
	Language barrier (Elders)
Lessons Learned	Nutrition based cancer prevention can be applied to all areas of nutrition
	(i.e. diabetes, cholesterol & weight management)
Next Step(s)	• Continue education of cancer prevention & chronic disease through a
	variety of learning streams (i.e. in-person, virtual)
Recommendation(s)	Continue funding as Indigenous community faces higher rates of chronic
	disease and food insecurity
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Date: August 2023 Created by: Indigenous Wellness Core

