I am worried about my child

It can be scary when your child is sick. But in most cases, you **don’t** need to go to the emergency department. If you’re **unsure**, we’re here to help.

**Dial 811 for Health Link:** to talk to a Nurse

**Find health information at:** MyHealth.Alberta.ca

**Visit a:** Family Doctor, Pharmacist or Walk-In Clinic

**For more options:** albertahealthservices.ca/options

Emergency is here for you if you need it. Use it wisely.