

Cycle Menu Template

Site Name:		Week:					Menu:	
Meal	Category	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Beverages							
	Vegetables/Fruits and/or 100% Juice							
	Grain Foods							
	Protein Foods							
Morning Snack								
Lunch	Beverages							
	Soup							
	Protein Foods (Entrée)							
	Grain Products							
	Vegetables/Salad							
	Fruit/Dessert							
Afternoon Snack								
Supper	Beverages							
	Protein Foods (Entrée)							
	Grain Products							
	Vegetables/Salad							
	Fruit/Dessert							
Evening Snack								