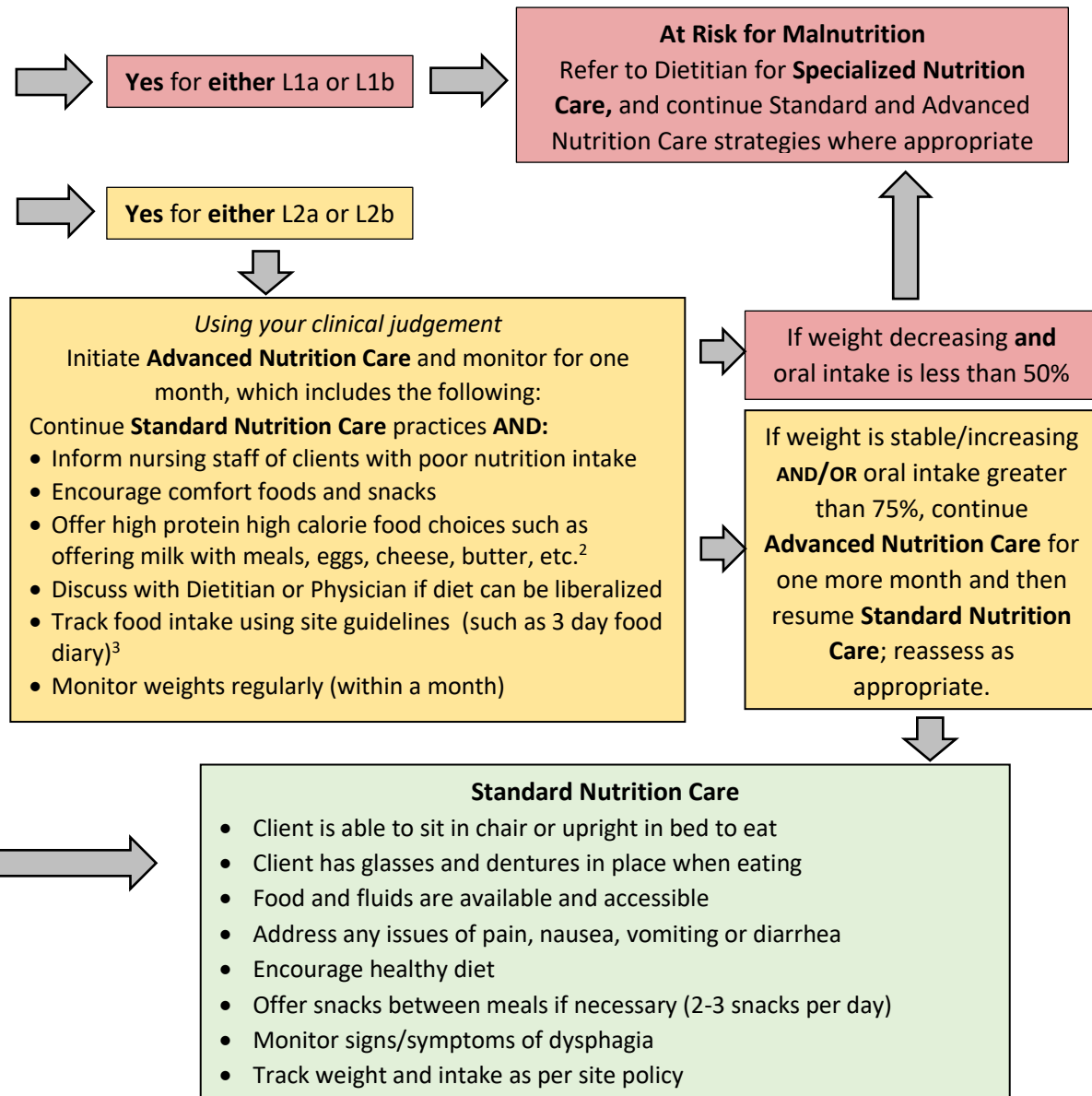


NUTRITION SCREENING PATHWAY FOR SUPPORTIVE LIVING CLIENTS

LONG TERM SUPPORTIVE/MAINTENANCE CLIENTS RAI – HC (Section L)		
SECTION L. NUTRITION/HYDRATION STATUS		
1	WEIGHT	(Code for weight items) 0. No 1. Yes <input type="checkbox"/>
	a.	Unintended weight loss of 5% or more in the LAST 30 DAYS (or 10% or more in the LAST 180 DAYS) <input type="checkbox"/>
	b.	Severe malnutrition (cachexia) ¹ <input type="checkbox"/>
	c.	Morbid obesity <input type="checkbox"/>
2	CONSUMPTION	(Code for consumption) 0. No 1. Yes <input type="checkbox"/>
	a.	In at least 2 of the last 3 days, ate one or fewer meals a day <input type="checkbox"/>
	b.	In last 3 days, noticeable decrease in the amount of food client usually eats or fluids usually consumes <input type="checkbox"/>
	c.	Insufficient fluid—did not consume all/almost all fluids during last 3 days <input type="checkbox"/>
	d.	Enteral tube feeding <input type="checkbox"/>



1. Severe malnutrition (cachexia)— A severe form of malnutrition that is a multifactorial syndrome characterized by severe body weight, fat and muscle loss and increased protein catabolism that may be due to a deficient diet or deficient breakdown, assimilation, or utilization of food, or to underlying disease(s)

2. (<https://www.albertahealthservices.ca/nutrition/Page10991.aspx>) - go to section 3.2, pages 70-73 for more high protein, high calorie meal and snack ideas

3. (<http://nutritioncareinacanada.ca/tools/monitoring-patients>) - for more resources on tracking food intake