

Nutrition During Breast Cancer Treatment

What can I expect to learn?

Join Cancer Care Alberta dietitians for an interactive session about evidence-based tips for how to nourish your body during breast cancer treatment. You'll also learn:

- Why food matters during treatment
- Answers to some common nutrition questions and concerns

You can speak with and ask questions to the dietitian and receive nutrition-based handouts to offer you further support.

What are the class details?

- This class is offered over Zoom®
- 1 hour (60 minutes) long
- Free to attend!

Who can register for this class?

This virtual nutrition class is for adults (age 18 or older) living in Alberta.

Come to this class for yourself or for a loved one.

How can I register?

Online: [Registration for Nutrition During Breast Cancer Treatment](#)

By phone: 587-231-5335

Questions about the class?

Email: cancerdietitianscalgary@albertahealthservices.ca



Health Link has dietitians to answer nutrition questions.

Call 811 and ask to talk to a dietitian or complete a [self-referral form](#) on ahs.ca/811.