

# The Power of Nutrition During Cancer Treatment

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## What can I expect to learn?

Join Cancer Care Alberta dietitians for an interactive session about healthy eating to help you stay strong while going through cancer treatment. You will learn about:

- The importance of getting good nutrition during cancer treatment
- How foods can help manage the side-effects of cancer treatments

You can speak with and ask questions to the dietitian and receive nutrition-based handouts to offer you further support.

## How is this class being offered?

- Over Zoom®

## How long is the class?

- 1 hour

## Does it cost to attend?

- It's free!

## Who can register for this class?

- This virtual nutrition class is for anyone in Alberta.

## How can I register for this class?

- Online: [www.ahs.ca/book-cancerpatiented](http://www.ahs.ca/book-cancerpatiented)
- By phone: 1-855-258-9963

## Questions about the class?

- Email: [cancerpatienteducation@ahs.ca](mailto:cancerpatienteducation@ahs.ca)



Health Link has dietitians to answer nutrition questions. Call 811 and ask to talk to a dietitian or complete a [self-referral form](#) on [ahs.ca/811](http://ahs.ca/811).