

The Power of Nutrition during Cancer Treatment

What can I expect to learn?

Join Cancer Care Alberta dietitians for an interactive session about eating well during cancer treatment. Topics include:

- Nourishing your body during treatment
- Managing treatment side-effects with food and nutrition
- Understanding complementary and alternative medicines

You can speak with and ask questions to the dietitian and receive nutrition-based handouts to offer you further support.

How is this class being offered?

- Over Zoom®

How long is the class?

- 1 hour

Does it cost to attend?

- It's free!

Who can register for this class?

- This virtual nutrition class is for anyone in Alberta.

How can I register for this class?

- Online: www.ahs.ca/book-cancerpatiented
- By phone: 1-855-258-9963

Questions about the class?

- Email: cancerpatienteducation@ahs.ca



Health Link has dietitians to answer nutrition questions. Call 811 and ask to talk to a dietitian or complete a [self-referral form](#) on ahs.ca/811.