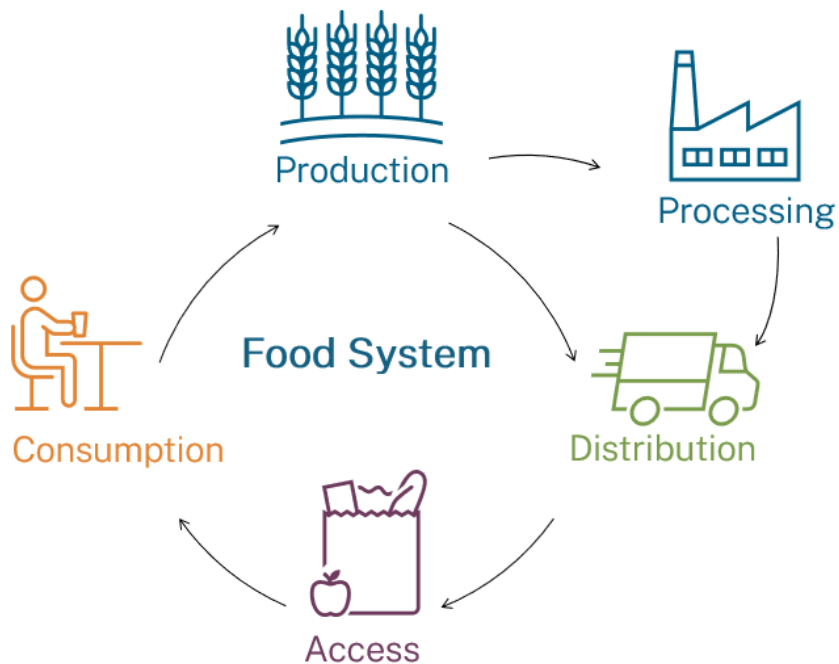


Food System Definitions Worksheet

Grade 6



Match each step in the food system to its definition below.

- | | |
|-------|--|
| ----- | Changing food ingredients into a different form. This includes canning, freezing, drying, cooking, baking, grinding grain, and smoking meat. |
| ----- | Eating the foods a person chooses for health and enjoyment. |
| ----- | This is impacted by many external influences. |
| ----- | The steps involved in getting food from the farm to the table. This includes production, processing, distribution, access, and consumption. |
| ----- | The ability to purchase food, based on cost, choices available, quality of food, or equipment available. |
| ----- | When farmers, gardeners, and food producers plant, grow, raise, and harvest food. |
| ----- | Transporting both unprocessed and processed foods where people buy food (e.g. grocery stores, markets and restaurants). |

Answer Key

Processing	Changing food ingredients into a different form. This includes canning, freezing, drying, cooking, baking, grinding grain, and smoking meat.
Consumption	Eating the foods a person chooses for health and enjoyment. This is impacted by many external influences.
Food System	The steps involved in getting food from the farm to the table. The steps include production, processing, distribution, access and consumption.
Access	The ability to purchase food, based on cost, choices available, quality of food, or equipment available.
Production	When farmers, gardeners, and food producers plant, grow, raise, and harvest food.
Distribution	Transporting both unprocessed and processed foods where people buy food (e.g. grocery stores, markets and restaurants).