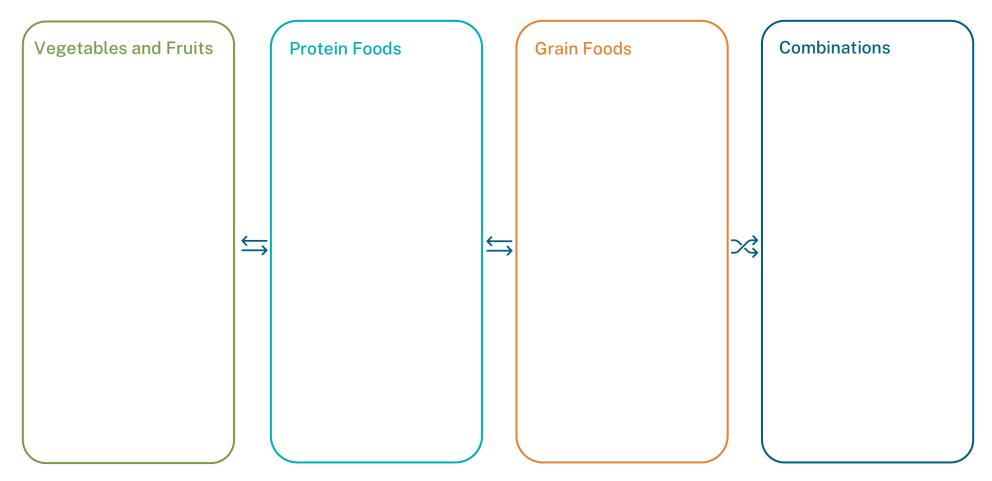
Snack Matrix Worksheet

Grade 7

List five items in each group of food. Mix and match items from two or more groups of food to create five snack combinations.



My main influences when making food choices are:

