

Healthy Eating Challenge

Participant Post-Challenge Survey

Congratulations for completing the Healthy Eating Challenge. Please take a few minutes to answer each question to help us understand if the challenge met your needs. All responses are anonymous and will be compiled for review. Please return the completed survey to the challenge coordinator.

1. How did you find out about the Healthy Eating Challenge? _____

Check (√) off the answer that best describes your experience					Comments
2. This challenge helped me with healthy eating.	Strongly disagree <input type="checkbox"/>	Somewhat disagree <input type="checkbox"/>	Somewhat agree <input type="checkbox"/>	Strongly agree <input type="checkbox"/>	
3. The challenge helped me to connect with my co-workers.	Strongly disagree <input type="checkbox"/>	Somewhat disagree <input type="checkbox"/>	Somewhat agree <input type="checkbox"/>	Strongly agree <input type="checkbox"/>	
4. Healthy eating at work is:	Difficult <input type="checkbox"/>	Somewhat difficult <input type="checkbox"/>	Somewhat easy <input type="checkbox"/>	Very easy <input type="checkbox"/>	

5. Are there any changes that can be made in your workplace that would help you eat healthier at work?

6. The best part of the Healthy Eating Challenge was:

Comments:

Thank you for your feedback