

Healthy Eating Challenge Team Log Sheet

Directions:

- Write the name of each participant on your team in the table below.
- Collect weekly point totals from individuals on your team from their *My Healthy Eating Challenge Log Sheet*.
- Transfer each participant's weekly total onto this sheet.
- Send the weekly team total to the challenge coordinator.
- At the end of the challenge add any bonus or maintenance points and tally up your total team points.

Make sure to encourage your team during the challenge and congratulate them for their positive changes!

Team Name:							
Participant Name:	Challenge Activities				Extra Points		Total:
	Week 1	Week 2	Week 3	Week 4	Bonus	Maintenance	
Team Total:							