

Meals Matter

Nutrition & Food Services and partners working together

How can I help?

- Limit interruptions.
- Have patients ready to eat.
- Give them enough time to eat.
- Put food within reach.
- Provide good service.
- Ask if help is required.
- Offer to open packages.
- Serve good food.
- Offer choices.



- Tell a nurse, dietitian or supervisor if a patient isn't eating or missed a meal.
- R.E.S.P.O.N.D to concerns & requests.
- Answer questions.
- Provide a comfortable environment. Appropriate temperature, light, noise.
- Ask permission to enter the room. Use NOD (name, occupation, duty). Confirm patient identification.

Food is medicine.
Let's work together to make meals matter