

Exploring New Foods Worksheet

Kindergarten

What food are you exploring today? _____.

How does it look? Draw it in the box below.

A large, empty rectangular box with a thin blue border, intended for a child to draw a picture of the food they are exploring.

Circle your answers below.

How does it smell? 



Spicy



Sweet



Fruity



Strong



No smell

How does it feel? 



Hard



Soft



Smooth



Rough



Wet

How does it taste? 



Sweet



Sour



Salty



Bitter

How did you feel about it?

