

Canada's Food Guide Lesson Plans

Food Vocabulary Picture Cards (with Words)

These cards are designed to print double-sided: Side 1 – Pictures, Side 2 - Words.

Foundation L and CLB 1

2020

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Language Learning for Health

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OPH-OCDSB Collaborative Team: Healthy Eating Lesson Plans

vegetables and fruits

whole grain foods

protein foods

Newcomer Nutrition Education Toolkit



carrots



bagel



cheese



chicken



lettuce



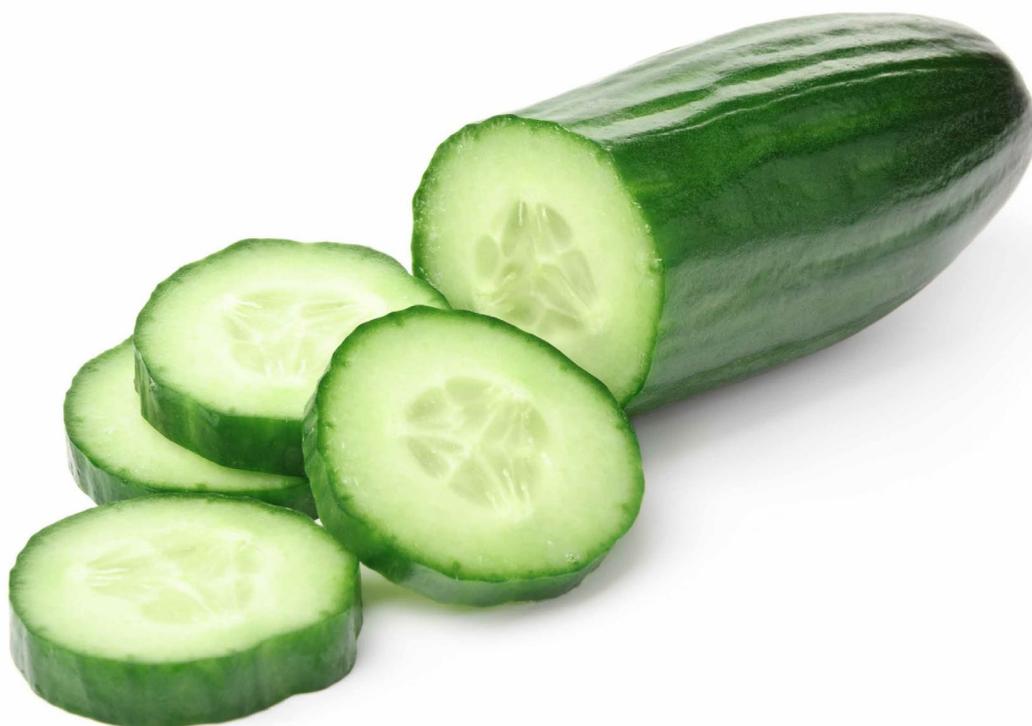
cooked pasta



milk



beef



cucumber



bread



powered milk



fish



banana



cereal



yogurt



eggs



apple



flat bread



cottage cheese



nuts



tomatoes



bulgur



kefir



tofu



orange



COUSCOUS



soy beverage



shellfish