

NutraPass: Quick Guide for Nurses

What is NutraPass?

NutraPass is a program that provides small portions (60–90 mL) of a nutrition drink, ordered in the MAR and given 3–5x/day with medications or between meals.

Why use NutraPass?

Good nutrition is needed to help maintain strength and support recovery and overall health. NutraPass can provide a boost of energy and protein when food alone may not be enough.

NutraPass is Suitable for Most

Use the chart below to check if NutraPass is appropriate for your patient.

Diet Order	Ensure® Advance	Resource® 2.0
NPO	X	X
Therapeutic Diets		
Diabetic	✓	✓
Low Lactose	✓	✓
Gluten Free	✓	✓
Thickened Fluids	X	X
Cultural or Religious Diets		
Halal Style	X	✓
Kosher	✓	✓
Vegan	X	X
Lacto-ovo vegetarian	✓	✓

✓ = Appropriate X = Not Appropriate

If your patient's diet is not appropriate, notify a prescriber so NutraPass can be stopped.

If you are not sure, talk to a dietitian.

Drug-Nutrient Interactions

Check the MAR for any medications scheduled with NutraPass.

Do not give NutraPass at the same time as medications that have any of the following instructions:

- ⚠ Take on an empty stomach, before or after meals
- ⚠ Avoid with dairy or enteral feeds
- ⚠ Take away from calcium, magnesium, iron, or protein

If needed, adjust the administration times of NutraPass to avoid interactions.

How to Give NutraPass

1. Check the MAR for a NutraPass order.
2. Shake product. Measure into a cup.
3. Offer to the patient and explain its purpose.
4. Record in MAR:
 - Action
 - Volume consumed – flows to the In/Out flowsheet and activity.
5. Notify provider if refused ≥ 2 days.

Handling and Storage

NutraPass products are not patient-specific. One container can be used for multiple patients if portioned.

Label any remaining product with the date and time opened. Store in the fridge.

Discard after:

- **24 hours** if refrigerated
- **4 hours** if left at room temperature

Scan for more information

Look for: Sips to Stop Malnutrition

