



## AHS POPULATION & PUBLIC HEALTH NUTRITION

**Vision:** Working together to positively impact the nutritional health and well-being of our communities

**Mission:** Working with communities to co-create solutions that support evidence informed nutrition care, provide reliable nutrition information, positively influence food environments, and reduce inequities.



Advance PPH dietitian practice

To support our workforce and advance public health nutrition practice to address priorities that improve the health of the population.



Advance care provider practice to address nutrition

To support care providers so they can provide evidence informed nutrition care and address their clients' nutrition needs.



Enhance food & nutrition literacy

To promote health and reduce diet related disease by enhancing food and nutrition knowledge, food skills, and healthy relationships with food across the lifespan.



Foster food environments that promote health

To support improvements in food and eating environments that promote health across the lifespan.



Enhance food & nutrition equity

To work with equity denied groups to address their food and nutrition priorities.

We value providing support to our partners that is responsive, innovative, equity focused, collaborative & credible. We are committed to reconciliation and working towards achieving health equity with and for Indigenous peoples in Alberta.

## Strategy House 2024 – 2027



**Nutrition  
Services**

Essential partners  
in health

# PILLAR PRIORITIES

	<p><b>Advance PPH dietitian practice</b></p>	<p>Support PPH RDs to develop and grow in their public health practice.</p>	<p>Support preceptors to offer placements that enable interns to be well prepared to enter practice.</p>	<p>Promote consistent activity tracking and use of metrics in practice.</p>
	<p><b>Advance care providers practice to address nutrition</b></p>	<p>Build care provider capacity to provide client centered evidence-informed nutrition care.</p>	<p>Integrate nutrition messaging, resources, and programming into care provider workflows.</p>	<p>Enhance and maintain linkages and relationships with care providers.</p>
	<p><b>Enhance food &amp; nutrition literacy</b></p>	<p>Support Albertans to enhance food and nutrition knowledge and skills.</p>	<p>Support parents and caregivers to nurture healthy growth and development in children.</p>	<p>Build educator capacity to support food and nutrition education and relationships with food.</p>
	<p><b>Foster food environments that promote health</b></p>	<p>Support a harmonized approach to food environments across settings</p>	<p>Support policy development and implementation.</p>	<p>Collaborate and foster relationships for cross-sectoral approaches.</p>
	<p><b>Enhance food and nutrition equity</b></p>	<p>Partner to support the priorities of equity denied groups.</p>	<p>Raise awareness of food and nutrition related inequities and inform action</p>	<p>Embed health equity in food and nutrition work.</p>

## CROSS CUTTING PRIORITY



### Nutrition Screening for Adults in the Community

To improve the nutritional status of older adults in the community and prevent malnutrition

Raise awareness that malnutrition is common among older adults.

Build infrastructure to support nutrition-risk screening and referral processes.

Offer food and nutrition information related to aging well as per adults' preferences for receiving information.

Collaborate with partners who support older adults to better address identified needs.

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