

# Intensive Palliative Care Unit

## Unit 47 – Foothills Medical Centre

### In hospital help for complex palliative symptoms

This specialized hospital based unit helps patients who are experiencing complex pain and other symptoms that severely affect quality of life. The goal of the Intensive Palliative Care Unit (IPCU) is to use a holistic, team-based approach to address suffering.

#### This service provides:

- investigation and treatment by a team of expert palliative care healthcare providers who work together on easing your difficult symptoms and improving your quality of life
- physical, emotional, psychological, financial and spiritual support
- discussions about advance care planning and wishes for future healthcare
- help with exploring various care options and best location of care

#### Who is this service for?

Adults living with a life-limiting or end-of-life illness who are experiencing complex pain and other symptoms that severely impact their quality of life.

#### Where is this service offered?

IPCU is located at:

Foothills Medical Centre  
Unit 47, 4th floor  
Special Services Building  
1403 – 29 Street NW  
Calgary, Alberta T2N 2T9

#### How do I access this service?

A palliative care consultation is needed to determine eligibility for admission. Speak to your doctor or home care provider who can request a palliative care consultation.

#### While you are on the IPCU

We recognize the importance of having family present and having the simple comforts of home with you. Therefore:

- Visitors are welcome.
- A fridge, stove, microwave and toaster are available for your use.
- Check with your nurse to see if your pet can visit the unit.

#### To learn more about palliative care:

[myhealth.alberta.ca/palliative-care](http://myhealth.alberta.ca/palliative-care)

#### To learn more about Calgary Zone palliative services:

[ahs.ca/palliativecalgary](http://ahs.ca/palliativecalgary)