

Urban and Rural Palliative Care Consult Service

This specialist service supports patients and families dealing with serious or life-limiting illness.

Consult teams are made up of palliative care doctors and nurse specialists who work in various health care settings. Palliative care doctors and nurse specialists work with the patient, family and primary health care team to provide:

- advice for complex medical issues in all care settings
- assessment and recommendations for symptom management (like pain or nausea.)
- information for patients and families about how the illness may progress with care suggestions to improve quality of life.
- emotional and spiritual support
- help with planning for future health care and making health care decisions.
- guidance on care options and choosing the best place for care.

Where is the Palliative Care Consult Service Available?

- across the Calgary Zone in Urban and Rural settings including:
 - all hospitals
 - outpatient clinics including the Arthur J.E Child Comprehensive Cancer Centre



- home care
- supportive living and long-term care
- hospices

Who is this service for?

Adults living with a serious or life-limiting illness.

How do I access this service?

- patients and families can talk to their health care provider about their palliative care needs or call the Palliative Care Consult Service office for more information.
- health care providers should consult the Alberta Referral Directory for service referral information.

Palliative Care Consult Service office contacts:

Urban: [587-231-3665](tel:587-231-3665)

Rural: [403-995-2714](tel:403-995-2714)

To learn more about palliative care:

Visit: myhealth.alberta.ca/palliative-care

To learn more about Calgary Zone palliative services:

Visit: ahs.ca/palliativecalgary