



## Education Bulletin

### Provincial Education Opportunities

On **April 18 from 08:00-09:00**, Dr. Mary-Pat Schlosser, Tara Wren, Megan Miller, Kathryn DaSilva Curiel and Kate Ross will be co-presenting on “*Pediatric Palliative Care Aid for Symptoms & Serious Illness Support Team (ASSIST): ASSIST North and ASSIST South*”. **There is no need to register, you can join using the link below.**

**Description:** Pediatric Palliative Care in Alberta has two specialized teams located at the Stollery Hospital and Rotary Flames House, part of Alberta Children’s Hospital. The current conceptualizations of pediatric palliative care, including differences from palliative care for adults, will be discussed. Each team will describe who provides pediatric palliative care and bereavement care in their setting and the unique aspects of their programs and current initiatives.

#### Instructions on how to attend:

Instructions for Webinar (Visual) and Teleconference Dial-in (Audio) Step 1,2,3		
<b>Step 1</b>	If you have never attended a meeting in Zoom before please test your connection	<i>Please test your connection (below) at least 1 day in advance of the session. For help joining a meeting from your computer visit <a href="#">Joining a Zoom meeting – Zoom Support</a></i>
<b>Link to test connection</b>	Test your connection: <a href="https://zoom.us/test">https://zoom.us/test</a>	
	<b>Note:</b> this is the testing provided by the application provider, Zoom, not AHS.	
<b>Step 2</b>	To enter the meeting room in Zoom please click on the meeting room URL	Enter the meeting ID 633 6812 8213 and your display name.
<b>Meeting room URL</b>	<a href="https://albertahealthservices.zoom.us/j/63368128213?pwd=b1VQa0JSNlhid1VvQStHNIFEQTN1QT09">https://albertahealthservices.zoom.us/j/63368128213?pwd=b1VQa0JSNlhid1VvQStHNIFEQTN1QT09</a>	
	<i>Group attendees – if you are entering the meeting room as a group, kindly change the display name to your group name and include the number of attendees participating - i.e. Site Name - 8</i>	
<b>Step 3</b>	Teleconferencing is used in conjunction with webinars if you are not able to attend via a computer –AUDIO ONLY	
<b>Teleconference Access</b>	Toll Free: <b>1- 587-328-1099</b>	Meeting ID: <b>633 6812 8213</b> Passcode: <b>162422</b>

Save the date for the next Provincial Palliative and End-of-Life Care Grand Round Session on **July 11, 2023 from 8:00-9:00**. More information will be shared in the next education bulletin!

For more information, please contact [palliative.care@ahs.ca](mailto:palliative.care@ahs.ca)

For these and other PEOLC educational opportunities, and to view current or previous editions of the Quarterly Newsletter, visit [www.albertahealthservices.ca/info/page14438.aspx](http://www.albertahealthservices.ca/info/page14438.aspx).

Email [palliative.care@ahs.ca](mailto:palliative.care@ahs.ca) with education offerings for the next quarterly bulletin.





# Provincial Palliative and End-of-Life Care

## Provincial Education Online Opportunities! Learning Essential Approaches to Palliative Care (LEAP)



Funded by:



The Palliative and End-of-Life Care (PEOLC) portfolios and the Provincial PEOLC team within AHS are excited to partner with Pallium Canada to deliver LEAP training to health care providers across the province until March 31, 2024.

The following will benefit from this LEAP PEOLC education **at no cost** to the learners:

- AHS Continuing Care Programs: Home Care, Palliative Home Care, Pediatric Home Care and Programs, Supportive Living
- AHS Continuing Care Contracted Providers: Covenant Health, Hospices, Contracted Agencies (Home Care), Supportive and Facility Living
- AHS Partners in Palliative Care: EMS, Community and Front-line Paramedics, Allied Health (Pharmacists, Social Workers, Physiotherapists, Spiritual Care), Acute Care & Emergency Staff and Physicians, Outpatient specialty clinics, Indigenous Programs and Partners, Community programs serving marginalized and homeless populations, Primary Care Networks (PCNs), etc.
- AHS and Continuing Care Contract Provider Health Care Aids and / or Personal Support Workers

Pallium’s award-winning LEAP courses are considered the gold standard for PEOLC education for health care organizations and professionals in Canada. LEAP courses provide health care professionals with the knowledge, attitudes, and skills to help provide palliative care to patients and families facing life-limiting illnesses.

Funded by an Alberta Health Grant the following Pallium’s courses are being offered provincially at no cost to learners:

1. **LEAP Core (Online)** is an interprofessional course that provides health care professionals (e.g., physicians, nurses, pharmacists, social workers, etc.) with an in-depth learning experience on essential skills and competencies of the palliative care approach.
2. **LEAP Paramedic** is a facilitated online learning course for paramedics and Emergency Medical Service professionals that teaches the essential practical knowledge, attitudes, and skills to provide a palliative care approach on-site.
3. **LEAP Personal Support Worker** is an online, self-learning course that provides personal support workers, care aides, and health care assistants working in long term care, home care, nursing homes and acute care with the essential competencies to provide a palliative care approach. More detailed course information can be found [here](#).
4. Later in 2023, **more LEAP courses** will be developed and available (**including but not limited to: Pediatrics, Indigenous Cultural Safety and Oncology**).

For more information about the eligibility to participate in this opportunity, please contact the AHS Zone Coordinator as listed below. **Please note that seats are limited in each session.**

Zone	Email Contact
Calgary	<a href="mailto:palliative.education@ahs.ca">palliative.education@ahs.ca</a>
Central	<a href="mailto:CentralZoneLEAPRegistration@albertahealthservices.ca">CentralZoneLEAPRegistration@albertahealthservices.ca</a>
Edmonton	<a href="mailto:Manisha.Minhas@albertahealthservices.ca">Manisha.Minhas@albertahealthservices.ca</a>
North	<a href="mailto:NorthZoneLEAPRegistration@albertahealthservices.ca">NorthZoneLEAPRegistration@albertahealthservices.ca</a>
South	<a href="mailto:Allie.Trimble@ahs.ca">Allie.Trimble@ahs.ca</a>

If you require additional information, please email [palliative.care@ahs.ca](mailto:palliative.care@ahs.ca)





# Provincial Palliative and End-of-Life Care

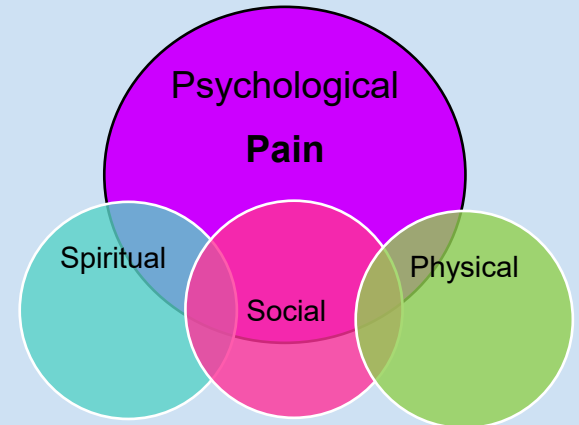
## Calgary Zone's Palliative Care Fact of the Month

### Principles of Managing the Psychological Aspect of Pain

- Approach and treat the underlying psychological concern- Is the patient experiencing anxiety, depression, or other psychological issues? Do they have a history of trauma?
- Provide education - unresolved psychological stressors are known to worsen the pain experience. Support patients with a trauma informed lens.
- What does the pain mean to the patient? Does this signify disease advancement?

Ask: What is the pain keeping you from doing?

What worries you about your pain?



Keep an Eye out for Calgary Zone's upcoming Trauma Informed Palliative Care Fact of the Month!

More questions? Call your local Palliative Care Consultant!

## How to care what to say workshop

Funded by:



As a recipient of the Government of Alberta Grant for “Grief Education for Albertans”, The Calgary Zone Grief Support Program is redeveloping the “How to Care What to Say” workshop for health care providers which will be offered provincially in the coming months. This workshop explores how to support “in the moment” grief reactions to death, provides clarity on our own experiences with death and loss, and concrete tools on how to best support those dealing with a death experience. A “train the trainer” model for the workshop will also be developed to roll out provincially.

Please email Becky VanTassel [becky.vantassel@albertahealthservices.ca](mailto:becky.vantassel@albertahealthservices.ca) to register or if you have any questions about this project.

This is a great opportunity for providers to feel more confident, capable, and knowledgeable to support individuals experiencing grief and loss. It will also allow the program to refine the offering with the input from attendees. Please join if you are interested.





# Provincial Palliative and End-of-Life Care

## Mary O'Connor Conference

### *Save The Date!*

Palliative & End of Life Care, Calgary Zone is pleased to present:

**The 22<sup>nd</sup> Annual Mary O'Connor Palliative & Hospice Care Conference**  
*Sex, Death and Rock 'n' Roll*

**Tuesday, May 30<sup>th</sup>, 2023**  
**8:00a.m.–1:30p.m. MST**

This year's conference will be provided **virtually**, at **no cost to participants**.  
Registration to open early April. Watch your Inbox!

#### KEYNOTE SPEAKERS

**Dr. Samantha Winemaker**

Palliative Care Physician, Co-founder and Co-host of Waiting Room  
Revolution Podcast

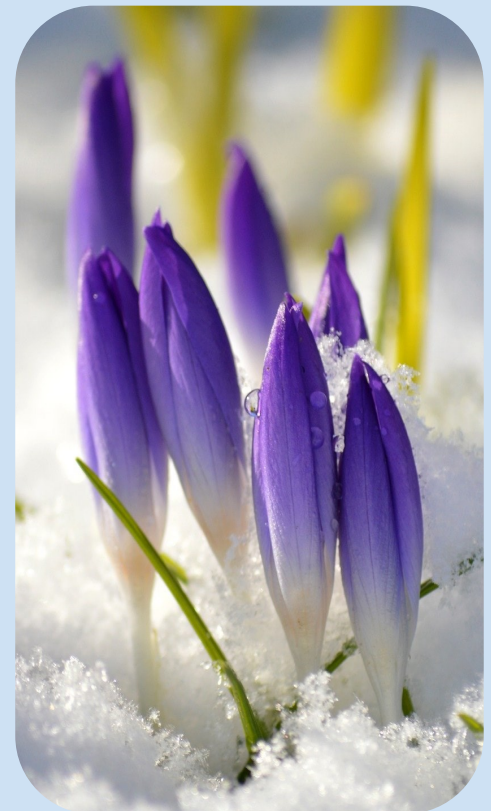
**Dr. Anne Katz**

Certified Sexuality Counsellor and Clinical Nurse Specialist

**Carl Dixon**

Canadian Stellar Rock Voice and Inspirational Speaker

For more details visit the website [Mary O'Connor Palliative Conference](#)



## Covenant Health's Palliative Institute

The Palliative Institute is accepting abstracts for the 34<sup>th</sup> annual Palliative Education and Research Day conference. The deadline for abstract submissions is **May 24, 2023**. Please visit their [abstract submission page](#) for more information. This year's theme is **Personalized Palliative Care: Caring for People and Communities, Honouring People Where They Are At**. The conference will be held online on Monday, October 23, 2023.

For more information on this year's conference, visit [palliativeconference.com](#).