

It's a simple question with the power to transform healthcare.

What Matters to You? | Insite

Pieces of Compassion - June 7th 12-1pm Register

Compassion is essential for healthcare providers and patients? What about compassion fatigue? How can you practice compassion, regardless of your role in healthcare?

(Hosted by Calgary PFCC Grand Rounds)

Connecting people & community for living well: Why it matters - June 9th 12-1pm Register

What matters to persons with dementia and their carers? Discover how the *Connecting People & Community for Living Well* initiative enhances the ability of multi-sector community teams to support those affected by dementia living in the community.

(Hosted by AHS Engagement & Patient Experience)

For Teams:

- Over coffee, ask your co-workers What matters to you? to help create a supportive work environment
- Oheo How does What matters to you? inform your practice and care of patients and families? What do you currently do? What else might you do?

For Individuals:

- ♦ Ask What matters to you?
- ♦ Think about where the question of What matters to you? fits in your work.
- ♦ Be inspired by a 5 minute video:
 <u>WMTY in Homecare</u>
 <u>WMTY in Ambulatory Care</u>

For Leaders:

- ♦ Create <u>Joy at Work</u>
- Design a better health care system for older adults
- ♦ Include What matters to you? as a question during Leader Rounding
- Use <u>translation services</u> to talk with patients for whom English is a second language