For Teams:
- Over coffee, ask your co-workers What matters to you? to help create a supportive work environment.
- How does What matters to you? inform your practice and care of patients and families? What do you currently do? What else might you do?

For Individuals:
- Ask What matters to you?
- Think about where the question of What matters to you? fits in your work.
- Be inspired by a 5 minute video: WMTY in Homecare
- WMTY in Ambulatory Care

For Leaders:
- Create Joy at Work
- Design a better health care system for older adults
- Include What matters to you? as a question during Leader Rounding
- Use translation services to talk with patients for whom English is a second language.