

Heart Failure Education

What can I expect to learn?

- What heart failure is
- Risk factors and warning signs and symptoms
- Recommended treatments
- The importance of self-management
- When to access a health care provider

How many classes are there?

- 1 class for 2 hours

How is this class being offered?

- Over Zoom

Who can register for this class?

- Adults who are living in Alberta and will be in Alberta during the class

How can I register for this class?

- For more information about class schedules or to register, phone toll free 1-866-506-6654 or 1-866-795-9709