

Planning for the Future with Movement Disorders

What can I expect to learn?

This class is intended for adults living with Parkinson's and other movement disorders, their families and support persons.

A Social Worker will talk about:

- How personal finances can be affected when living with a movement disorder
- Creating a supportive household environment and alternate housing option
- Advanced care planning related to personal, health care and financial decisions to ensure your wishes are known.

How many classes are there?

One class for 2 hours

How is this class being offered?

Over Zoom

Who can register for this class?

Adults who are living in Alberta and will be in Alberta during the class

How can I register for this class?

For information about when this class is being offered or to register, you can:

- Scan the QR code;
- [Register online](#);
- Use our [Class Schedule Guide](#) or [Class Description Handbook](#); or
- Phone us at 1-844-527-1160

To receive updates about upcoming programs and services offered by the Alberta Healthy Living Program- Calgary Zone, [join our e-mail distribution list](#).

