

Bariatric Surgery: Is it Right for Me?



Bariatric surgery is a treatment option to help people manage their health and weight. This class will help provide information to help you make an informed decision about whether bariatric surgery is right for you.

In this 1-hour session, you will learn:

- What bariatric surgery is
- The different surgical options
- The potential negatives, and potential benefits of bariatric surgery

Note: This class is not appropriate for anyone who has already made the decision to have bariatric surgery or is part of a bariatric program.

Class Type	Date	Time	How to Register
Online	Wednesday, March 13	5:30 p.m. – 6:30 p.m.	Register Online or Call 1-877-314-6997 Hosted by Central Zone
	Tuesday, June 4	12:00 p.m. – 1:00 p.m.	

These classes are for Albertans over the age of 18. Online classes are on Zoom and participants should have access to:

- A computer, tablet, or smartphone with a working camera and microphone;
- An internet connection; [visit this webpage to learn how to join a Zoom class](#);
- A private space in Alberta while attending the class.



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