



Your Voice, Your Choice: Personal Directives Made Easy

Class Materials

Links to the class materials are listed below in blue.

We encourage you to review the materials before the class and write down questions you have.

- [Personal Directive Instruction Sheet](#)
- [Personal Directive Form](#)



<https://www.ahs.ca/info/Page16878.aspx>

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**Primary Care
Alberta**

Alberta Healthy Living
Program