

# Bariatric Speciality Clinic Classes

## What can I expect to learn?

- Information that will assist you through the bariatric surgery journey
- General information about the Bariatric Clinic
- The preparation, nutrition and mental wellness aspects regarding surgery

**A physician's referral is required.**

## How many classes are there?

- 4 classes that vary in length

## How is this class being offered?

- Over Zoom

## Who can register for this class?

- Adults who are living in Calgary or South Zone and will be in Alberta during the sessions

## How can I register for this class?

- For more information about class schedules or to register, phone toll-free 1-866-506-6654 or 1-866-795-9709