



Heart Failure Education

What can I expect to learn?

This interactive class is focused on understanding and managing chronic heart failure. You will learn:

- What heart failure is
- Risk factors and warning signs/symptoms
- Treatments recommended for managing heart failure
- The importance of self-management
- When to access a health care provider

This class is for anyone wanting to understand and learn how to manage chronic heart failure.

How many classes are there?

One class for 2 hours

How is this class being offered?

Over Zoom

Who can register for this class?

Adults who are living in Alberta and will physically be in Alberta during the class.

How can I register for this class?

Call 1-866-506-6654 or 1-866-795-9709.

