



Stroke Sense

What can I expect to learn?

This class will help you separate fact from fiction regarding stroke. Topics include:

- Types of stroke
- Anatomy and function of the brain
- Making lifestyle changes

This class is for anyone who has had a TIA or stroke and/or their support person.

How many classes are there?

One class for 2 hours and 30 minutes

How is this class being offered?

Over Zoom

Who can register for this class?

Adults who are living in Alberta and will physically be in Alberta during the class.

How can I register for this class?

Phone 1-866-506-6654 or 1-866-795-9709.

